This course is designed for non-clinical cross-sector professionals interested in an introduction to the field of infant mental health and intervention with infants, toddlers, and parents.

- Discover readings, video, and observational tasks to familiarize students with the foundations of infant mental health and direct work with very young children and parents
- Learn about the role and function of the infant mental health specialist and the use of relationship and reflection in work with infants, toddlers, and families.

INSTRUCTOR: Tracy Schreifels, MS, LMFT, IMH-E® (III)
9 weeks | 3/14 to 5/16
42 clock hours

“I enjoyed the course. It offered information and guidance that I could apply to my job. I thought...the observation activities gave me insight on the skill that is required for Infant Mental Health providers.”