Infant/Toddler Movement and Brain Development: Understanding the Critical Connection

- Explore the interconnection between physical, social-emotional and cognitive development and physical activity
- Understand the relationship movement has to early brain development, function, and growth and the acquisition of motor, cognitive, and social-emotional skills of infancy and toddlerhood
- Recognize the critical role of an actively engaged adult for supporting motor skills and early childhood learning and development

INSTRUCTOR—Carol Leitschuh, PhD
9 weeks | March 7 to May 9, 2016
42 clock hours or 1 academic credit

“My goal when enrolling in the class was to learn more about motor development, which to me really meant the milestones and how we build skills. I came away with much more than a few ages and stages, though I did get that information too. Now I have a greater appreciation for movement as an indicator and as a stepping stone to growth in all areas of development.”

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