This course introduces participants to the transactional role of parents and relationships in child development, and explores interdisciplinary childhood mental health principles and strategies for working with parents of young children. Participants will:

- Understand how infant mental health research informs work with parents with special circumstance, challenges, or barriers
- Be introduced to the theories of adult attachment, intergenerational transmission of attachment, and their application to working with parents
- Understand: the ways parenting parallels the child’s development; parent needs at different stages of development; and how cultural and environmental factors influence childrearing practices

Instructors: Tracy Schreifels, MS, LMFT, IMH-E® (III)
Angie Klinefelter, MS, Licensed Parent Educator
9 weeks  |  2/08 to 4/11
84 clock hours or 2 academic credits

"This class was by far the most helpful class I have ever taken and I plan to share more with my colleagues to effect some significant changes in our programming and collaboration with other organizations."