



Online Course:
Supporting Stressed Young Children Through Relationship-based Teaching
(formerly called *Relationship-Based Teaching with Young Children*)

Earn a Continuing Education Certificate (24 clock hours [CEUs])

Note: If you are from a state other than MN, you may want to check with your licensing board to verify that the same measurement standard will be applied in your state for this credit.

Course Description: This course will explore how to use the tools of "reflective teaching" and "reflective collaboration" to better understand young children in their classes; as well as what intervention approaches might work for children who are having difficulties.



Course Instructor:

Course instructor Julie Nelson is currently an Early Childhood Teacher working on the Families Together Program at Life Track Resources, which is a therapeutic preschool for traumatized children. She has a B.A. in psychology from St. Olaf College and has completed level two child abuse prevention studies at the University of Minnesota. She is also the author of several books, *Families change: A book for children experiencing termination of parental rights* and *Kids need to be safe* ([Free Spirit Press](#)).

Modules for this course will include content on such things as:

- Forming a secure relationship with an insecure child
- Limit setting and problem solving
- Challenging behavior and mental health issues
- Aggression in preschool-teaching new responses

Course Requirements: Completion of required readings, participation in discussion board and/or chats, weekly concept application log, writing of a case study.

Computer Requirements: Computer with internet access (preferably other than modem connection), CD-ROM drive.

Course Format: Courses will be taught on-line and via CD-ROMs.

Cost: \$225, plus purchase of the required course textbook: Koplw, L. (Ed.). (1996). *Unsmiling faces: Creating preschools that heal*. New York: Teachers College Press. ISBN: 0807734705.

To Register: Registration form and more information about the course and instructor are available at <http://cehd.umn.edu/ceed/profdev/onlinecourses/rbt.htm>.

Questions: Contact Karen Anderson at 612-625-6617 or ander352@umn.edu.

CEED: <http://cehd.umn.edu/ceed>