

JOB SEEKER

128 Pleasant Street
Minneapolis, MN 55416

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MINNESOTA STATE TEACHING LICENSES

- Physical Education, K-12
- Special Education: Developmental Adapted Physical, Pre K - grade 12

EDUCATION

University of Minnesota, School of Kinesiology

Masters of Education, Physical Education
Bachelor of Science, Kinesiology Exercise Science

Twin Cities Campus
Anticipated May, 2008
May, 2005

- Minor: Youth Studies

CPR Certification – Children and Adults

1999 - present

Awards and Honors

- National Association for Sport & Physical Education Student of the Year
- Women's Physical Education Alumnae Association Scholarship

2006-2007
2006

TEACHING EXPERIENCE

9th Grade Physical Education and Health Student Teacher

Minneapolis, MN
Spring, 2007

Lane High School

- Lead a unit on sexual health and reproduction from which 90% of students met learning objectives at or above 85% as assessed by an objective, multiple choice, True/False and short essay exam adapted from district curriculum
- Taught students how to work with others through team building activities such as the human knot, relays, and the action name game
- Prepared and taught a lesson on badminton from which, based on a formal assessment, 100% of students learned the rules, shots, and stance

K-5 Physical Education and Health Student Teacher

Minneapolis, MN
Fall, 2006

Kenny Elementary School

- Organized age appropriate sporting events, such as basketball, wiffleball, baseball, T-ball, and kickball, focusing on students' learning of strategy, teamwork, and cooperation
- Ensured safety of children, utilizing cones, providing water breaks, equipment inspections, and close supervision of class
- Discussed the dangers of violence, peer pressure, and the importance of health and hygiene

COACHING EXPERIENCE

Girls' High School Soccer Coach, Sunnybrook Charter School, Fridley, MN

Spring, 2004-2007

Girls' Junior High Volleyball Coach, Sunnybrook Charter School, Fridley, MN

Fall, 2005-2007

Girls' Ages 8-10 Soccer Coach, Minneapolis Youth Soccer

Summer, 2002-2004

Girls' Ages 6-8 Assistant Soccer Coach, Minneapolis Youth Soccer

Summer, 2001

RELATED EXPERIENCE

- After School Activities Assistant** Spring Lake Park, MN
Spring Lake Park Elementary School Fall, 2005 – Spring, 2006
- Prepared classes in beading and instructed groups of 10-12 students in designing and making jewelry, encouraging creativity and originality
 - Supervised children, ages 6-12, and provided structured games and activities
 - Encouraged full participation in games and instructed students in rules and techniques
- Intern** Boundary Waters, MN
Outward Bound Wilderness – Dogsled and Ski Adventure Winter Break (4 weeks), 2005
- Instructed teenagers and adults, in small groups of ten, in preparing sleds, dogs, and equipment
 - Taught cross country ski technique and strategies for keeping stamina in long distance trips
 - Assisted Leader in group processes and activities and in team building
 - Counseled individuals having difficulty with the adventure and assisted them in overcoming fears
- Participant** December (15 days), 1999
- Attended and participated in Outward Bound Winter Adventure with family members
- Camp Counselor/Activities Coordinator** Bemidji, MN
Camp Sunshine Summer, 2004
- Provided instruction on activities such as rowing, sailing, volleyball, kickball, and other outdoor games to children ages 10-15
 - Created lesson plans and coordinated scheduling of activities so all kids could participate
 - Recognized by supervisors for providing activities that kept campers interested and engaged
 - Sought out by campers for extra lessons in sailing

VOLUNTEER EXPERIENCE

- Member** University of Minnesota
Adaptive Sports Club, Department of Recreational Sports 2001-Present
- Promoted and facilitated the involvement of University students and staff with disabilities in sport clubs, intramural sports, outdoor recreation, aquatic activities, and other program offerings
 - Organized adaptive recreation, exercise, and sport activities for students and staff, including water aerobics and wheelchair basketball games
- Volunteer Big Sister** Minneapolis, MN
Big Brothers/Big Sisters 2001-Present
- Provide ongoing support and mentoring to a now twelve year old girl from a single parent household on welfare assistance due to parental mental illness
 - Volunteered as a big sister for two other girls who have since moved out of state
- Volunteer** Minneapolis, MN
Special Olympics 2003
- Officiated volleyball games and recruited day-of-event volunteers
 - Helped with day-of-event organization and information for participants