

UNIVERSITY OF MINNESOTA
School of Kinesiology Coaching Program

COACHING PROGRAM APPLICATION PACKET

(Coaching Certificate, Coaching Minor, ICP & M.Ed)

OBJECTIVES OF THE COACHING PROGRAM

The general objective of the University of Minnesota Coaching Program is to provide a coordinated, meaningful, and functional framework from which future coaches can launch their coaching careers. This is accomplished by providing a planned and integrated series of coaching courses leading to the Coaching Certificate, Coaching Minor (which includes the Coaching Certificate) or a core area of an ICP program.

Upon completion of the Coaching Program, students will be able to:

- Design sport specific practice sessions, which are safe and age appropriate for athletes with different abilities and levels of fitness.
- Properly apply the training principles of specificity, frequency, duration and intensity, which are specific to their sport.
- Organize and integrate physical, social, and mental skills development into their sport programs.
- Discuss and appropriately apply their knowledge of athletic injury prevention and care.
- Receive the American Red Cross First Aid and CPR Cards (or the equivalent). Articulate their own philosophy of coaching.
- Discuss the role of coaching in society.
- Differentiate between command and cooperative styles of coaching.
- Assist athletes in establishing and achieving realistic personal goals.
- Identify and utilize basic elements of effective communication when interacting with a diverse community of athletes, coaches, parents, and others.
- Discuss and apply relevant principles, policies, and procedures for effective organization and management.
- Articulate basic legal liability and risk management issues in coaching.

POPULATION SERVED

The intended student population includes: students declaring a Kinesiology Major and/or Coaching Minor; students interested in acquiring a coaching certificate, students in teaching licensure programs planning to coach high school sports; licensed high school teachers returning for graduate studies or preparing for head coaching positions; and students seeking to develop a foundation for future coaching opportunities.

ADMISSION PROCEDURES

Application is open to all students enrolled at the University of Minnesota. Submission of a Coaching Program Application Form is required.

A person may apply to the program from outside of the University in the following capacities;

1. Must be currently enrolled in a undergraduate degree program from an accredited 4-year university or college or,
2. Must have already completed a bachelor's degree program.

An individual from outside the University may be enrolled as a non-degree seeking student in the certificate program if one of the above criteria is met.

If space becomes limited, priority of admission will be given to students in the College of Education and Human Development at the University of Minnesota. **Students must maintain at least a 2.5 GPA in their Coaching Program coursework to receive the Coaching Minor, Coaching Certificate, and an ICP emphasis area.** In order to student coach (KIN4697) one must have a 2.5 GPA.

The applicant should:

- Complete the attached application form.
- Attach a copy of the most current University of Minnesota transcript or other university of college transcript. Un-official University of Minnesota transcripts are acceptable. Transcripts from other universities must be official transcripts.
- Attach any other official transcripts that include courses that are to be considered to be transferred to the university to substitute for required coaching classes.

PROGRAM REQUIREMENTS

- See Coaching Program Course Requirement Worksheet
- A student must receive a "C-" or better in all Kinesiology or Sport Management courses that are specific to the coaching certificate / minor for completion of program.
- A student must have an overall 2.5 GPA in order to student coach.

TRANSFER OF COURSES

Courses with similar content taken at the University of Minnesota or other colleges or universities may in some circumstances be allocated for courses required in the Coaching Program. Approval in writing must be received from Dr. Stacy Ingraham, Coordinator of the Coaching Program in the School of Kinesiology (1900 University Ave., 221A Cooke Hall). The student must bring an appropriate transcript(s) and may be required to supply evidence of course content (e.g., course syllabus, official course description, etc.).

Although courses may be transferred into the Coaching Program, the student **must complete a minimum of three courses, including KIN 4697 - Student Teaching: Coaching, at the University of Minnesota - Twin Cities campus** to receive the Coaching Certificate or Coaching Minor.

APPLICATION FOR KIN 4697 - STUDENT TEACHING: COACHING

Most courses in the applicant's declared coaching program (i.e., certificate, minor, ICP or M.Ed.) should be completed before the student is permitted to student coach. Occasionally exceptions will be made due to special circumstances (these must be approved by the Coaching Program Coordinator). **A student must have a 2.5 GPA in the coaching curriculum in order to student coach.**

To insure timely enrollment in **KIN 4697 - Student Teaching: Coaching:**

1. In order to student coach, you must;
 - a. Have taken KIN 3111, 3114, 3143 and your coaching theory course or you may be concurrently enrolled in no more than two of these while you student coach.
 - b. You must be a junior by credit hours.
2. The student should locate a school, within a 7th-12th grade range and make contact with the athletic director or head coach of the sport of emphasis to arrange a coaching experience. The majority of student coaching placements will occur in a 7th-12th grade public or private school. Division III College or University experiences will be considered, however, **Division I University** experiences will not be considered for KIN 4697.
3. Any student who has been convicted of a felony will not be allowed to student coach.
4. The placement is generally found by the student coach and must receive approval by the coaching program coordinator (Dr. Stacy Ingraham).
5. The student should look at the requirements and information provided in the **Guidelines for the Student Coaching Practicum** packet to aid in this placement.
6. Students should complete the **Coaching Approval Form** by the middle of the semester **prior** to the semester for enrollment in KIN 4697.
7. It is important to plan ahead so sufficient time is allowed for arrangement to find a 7th-12th grade sports program. It is recommended that students who plan to coach a fall high school sport register for KIN 4697 in the fall semester and those who plan to coach a winter or spring high school sport register for KIN 4697 in the spring semester.
8. Exceptions may be made to accommodate a student's class schedule. In some very rare situations, prior coaching experience may be considered as a substitute for the practicum portion of KIN 4697. Written documentation from an appropriate athletic administrator or supervising coach and approval by the Coaching Program Coordinator will be required. **In all situations, registration for KIN 4697 and attendance at the KIN 4697 seminar classes will be mandatory.**

All student-coaching assignments must be pre-arranged with approval through the Coaching Program Coordinator. REMEMBER TO PLAN AHEAD!!!

If you have, any further questions please contact:

**Stacy Ingraham, Coordinator
University of Minnesota Coaching Program**

**Office Address
221A Cooke Hall
1900 University Ave SE
Minneapolis, MN 55455**

**Phone: (612) 626-0067
E-mail address: ingra013@umn.edu**

UNIVERSITY OF MINNESOTA
COACHING PROGRAM APPLICATION FORM
(Coaching Certificate, Coaching Minor, ICP & M.Ed.)

1. Name: _____ Application Date: _____
2. University of Minnesota Student ID#: _____
3. E-mail address (write very clearly!): _____
4. Anticipated Student Coaching Term (KIN 4697-Final Course for Coaching Program).
 Circle term and write in year:
- a. Fall
 - b. Spring
 - c. Year: _____
5. Sport desired to Student Coach: (Place a number with # 1 as top choice by your chosen sport, selecting a maximum of 3 with #3 as the least desirable of your 3 choices)

Sport	Coaching Priority (number 2 sports in order of preference, with #1 being most proficient)	Preferred Gender to Coach Male (place X in corresponding sport)	Preferred Gender to Coach Female (place X in corresponding sport)
Alpine Skiing			
Badminton			
Baseball			
Basketball			
Cheerleading			
Cross Country			
Dance-line			
Football			
Golf			
Gymnastics			
Ice-Hockey			
Lacrosse			
Nordic Skiing			
Rowing			
Soccer			
Softball			
Speed Skating			
Special Olympics			
Synchronized Swimming			
Swimming & Diving			
Track & Field			
Volleyball			
Other:			

6. Check the program applying for:
- a. ___ Coaching Certificate only
 - b. ___ Coaching Minor (includes the Coaching Certificate) – KIN major
 - c. ___ Coaching Minor (includes the Coaching Certificate) – outside KIN major
 - d. ___ ICP core - Coaching Minor (includes the Coaching Certificate)
 - e. ___ M.Ed.(includes the Coaching Certificate)

7. Current Year in School (circle one)

Fr.	Soph	Jr.	Sr	Grad	Other:
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8. Anticipated year and term of graduation

Year: _____ Term: _____

9. Current Address:

a. _____
Street Phone Number with area code

b. _____
City State Zip

10. Permanent Address:

a. _____
Street Phone Number with area code

b. _____
City State Zip

11. Major: _____ Major Adviser's Name: _____

12. If graduated from a college or University;

a. Name of Institution: _____

b. Date of Graduation: _____

c. Degree Obtained: _____

13. Please list previous participation in sports programs:

- a. High School (varsity, junior varsity, # of yrs, etc.):

- b. College (varsity, intramural, club, etc.):

- c. Other sports programs (non-school related, club, park & recreation, etc.):

14. Are you currently participating in University Athletics?

- a. Yes
- b. No

15. If yes, above answer the following questions.

- a. Sport: _____
- b. Beginning year of eligibility: _____
- c. Anticipated eligibility completion season and year: _____

16. Coaching Experience: list institution (Middle/High School, club, Park & Rec., etc.), title/position, dates and associated sports

17. **Please attach your current transcript(s) to this application** (Note: an unofficial University of Minnesota transcript is acceptable, though it is possible that you may be requested to send an official transcript).

18. Please return the application and a copy of your transcript to:
Stacy Ingraham, Coordinator
University of Minnesota Coaching Program
Office Address
221A Cooke Hall
1900 University Ave SE
Minneapolis, MN 55455
612.626.0067
ingra013@umn.edu

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The University of Minnesota is committed to the policy that all persons shall have equal access to its programs, facilities, and employment without regard to race, color, creed, religion, national origin, sex, age, marital status, disability, public assistance status, veteran status, or sexual orientation.