

WHO IS ELIGIBLE

- 9th or 10th grade students
- 2.5 GPA or higher
- Parents do not have a 4-year college degree
- Qualify for free/reduced lunch
- North, South, or Edison high school
- Current U.S citizens or permanent residents in the process of obtaining citizenship

JOIN TRIO UB

If you would like to apply to be in the TRIO Upward Bound program, contact us!

MAIN OFFICE

University of Minnesota Education Sciences Bldg, Rm 40
56 East River Road, Minneapolis, MN 55455

PHONE & EMAIL

612.625.3021 or ubtrio@umn.edu

CHECK OUT OUR WEBSITES

www.cehd.umn.edu/trio/upward-bound
<https://www.facebook.com/upwardboundumntc>



TRIO UPWARD BOUND

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TRIO MISSION STATEMENT

Grounded in the civil rights movement, University of Minnesota TRIO programs in the College of Education and Human Development strive to ensure equal opportunity and equitable access to higher education along the educational continuum for underrepresented students, specifically those who are low income, first generation, and have disabilities. We promote retention and graduation through advising, academic support, mentoring, and advocacy, thereby cultivating a space for collegiate success and local and global community engagement.

TRIO
UPWARD BOUND

COLLEGE OF EDUCATION
+ HUMAN DEVELOPMENT

UNIVERSITY OF MINNESOTA

TRIO Upward Bound is a federally funded program. The University of Minnesota is an equal opportunity educator and employer.

TRIO UPWARD BOUND



UNIVERSITY OF
MINNESOTA



OUR SERVICES

TRIO Upward Bound (TRIO UB) at the University of a Minnesota's College of Education and Human Development is a pre-college US Department of Education federal grant program. We offer year-round, intensive and holistic college-readiness skill building for 118 Minneapolis youth at North, South, Patrick Henry, and Edison high schools who are come from low income backgrounds and who are potential first generation college going students. Our goal is for students to not only get into college but to earn a college degree. *TRIO UB has been serving Minneapolis youth since 1966.*

ACADEMIC YEAR—SEPTEMBER TO MAY

- Weekly after school classes
- Tutoring (M-Th)
- Financial aid and literacy workshops
- College visits and fieldtrips
- Leadership development opportunities
- Educational workshops for parents/families
- Scholarship opportunities and in-house performance based scholarship
- Standard college admission testing preparation

SUMMER—JUNE TO AUGUST

- 5 weeks of academic classes Monday-Friday
- 3 weeks of living on campus
- 3-day regional college tour
- 5 day camping & community service trip
- 9 weeks youth work program
- 6 weeks "Bridge" Program for recent TRIO UB grads



AFTER SCHOOL SERVICES

Our academic year services are designed to make sure students are succeeding in high school and building skills, knowledge and the self-discipline it takes to be a successful college student. Students come to the University of Minnesota weekly during the school year.

CLASSES & TUTORING

Free tutoring services are offered weekly Monday—Thursday 4:00pm to 5:30pm at the University of Minnesota. Tutoring is required for students who are struggling with classes in high school. Students can also volunteer to come in for help. All tutors are current University of Minnesota students.

Day	Class	Cohort
Mon.	College Planning	Seniors
Tue.	Career Exploration & ACT Prep	Juniors
Wed.	Science Exploration & Study Skills	Freshmen
Thu.	English Composition	Sophomores

SUMMER SERVICES

ACADEMIC CLASSES

For 5-weeks, students take different courses in math, English, forensic science, government/civics, & more. Students also get to live in a dorm and participate in cultural, educational, or recreational activities.

COLLEGE CAMPUS LIVING

For 3 weeks, students live on campus in university housing to gain independent living. All meals are included and we hold fun and engaging activities daily.

REGIONAL COLLEGE TOUR

Rising 12th graders take a 3-day tour of colleges in the region at the end of July.

LEADERSHIP & SERVICE TRIP

Rising 11th graders participate in a 5-day community service and leadership trip. We are currently partnering w/ Student Today, Leaders Forever to hold a *Pay it Forward* Tour in August.

WORK-READINESS

Students may apply to Step-Up Explore through our program and earn money during the 5-weeks of classes and work on campus for 4 weeks.

BRIDGE PROGRAM

Students that recently graduated from high school are invited to take a college course for credit from the U of M, an integrated learning class and live on campus for 5 weeks. This is a transition program and will focus on making sure the recent grads are ready to start college prepared and ready to succeed.