

CONTINUUM OF SERVICES

	PUBLIC AWARENESS	EDUCATION, SUPPORT, SCREENING	ASSESSMENT AND MODERATE INTERVENTION	ASSESSMENT AND INTENSIVE INTERVENTION
GOAL	<ul style="list-style-type: none"> The Well-being of Infants and Families is a Community Priority 	<ul style="list-style-type: none"> Education and Support for the Development of a Healthy Infant-Parent Relationship are Available to All Families with Infants in a Range of Community Resources 	<ul style="list-style-type: none"> Families Experiencing Risks that Interfere with the Development of Healthy Infant-Parent Relationships have Access to Services to Enhance Strengths and to Reduce Risks 	<ul style="list-style-type: none"> Families Experiencing Serious Difficulties in the Infant-Parent Relationship Have Access to Ongoing Care to Support Healthy Infant Development
	<ul style="list-style-type: none"> Awareness, Education, Relationship Enhancing capacity of parents to care for their children 		<ul style="list-style-type: none"> Consultation to Programs Direct Specialized Intervention As Necessary Relationship between provider and caregiver/child (skill in "holding" both parent and child <u>at the same time</u>) 	
PROCESS OBJECTIVES	<ul style="list-style-type: none"> Increase the general public's knowledge of what infants need for optimal mental health Increase the commitment of the general public to support families with infants and toddlers 	<ul style="list-style-type: none"> Provide information to all parents on how infants and toddlers develop healthy, secure relationships Provide information to parents that answers commonly asked questions about infant mental health and how to be a sensitive, responsive parent. Make information available on a range of community resources appropriate to families with infants and young children. Make it possible for every family with a child to have a consistent health care provider and place for routine care ("medical home"). Screening to identify the quality of the infant-parent relationship, needs of the family, and appropriate services is easily accessed through a range of community resources. 	<ul style="list-style-type: none"> When screening indicates that an infant or family has characteristics that may interfere with the development of a healthy infant-parent relationship, an assessment may be initiated to identify specific needs. Assessment is available in a range of settings familiar to the family and is used to identify risks as well as strengths. A case review process is in place to consider the assessment of infant and family needs and to refer to appropriate services. A case manager is available to coordinate services. Infant mental health specialists are available as consultants to programs to support those working with the infant and family to enhance relationship strengths and to reduce risks. 	<ul style="list-style-type: none"> A case manager is available to oversee services for these infants and families. Existing programs have access to consultation from infant mental health specialists to guide interventions with infants and families experiencing difficulties. Infant mental health specialists are available to work directly with families experiencing serious difficulties. The continuum of services allows families to move as needed over time from moderate to intensive services without disrupting their relationship with helping professionals. Training opportunities are available in the community to increase the number of clinical specialists in infant mental health.
PLAYERS	<ul style="list-style-type: none"> General public Legislators Health Care Professionals Educators (including public health districts) Business and corporate community Religious institutions Parents 	<ul style="list-style-type: none"> Medical clinics Public health Info 800# ECFE/ECSE Head Start Child care Home visitors 	<ul style="list-style-type: none"> Wilder Foundation PHN--targeted intervention to prevent abuse and neglect IMH Specialists Contracted services Clinicians in private practice 	<ul style="list-style-type: none"> Agencies and programs working with infants and families State and private health insurance plans Case managers Infant mental health specialists Trainers
PROGRAMS		<ul style="list-style-type: none"> ECFE, ECSE Healthy Beginnings Healthy Families Healthy Start Follow Along Hug (Helping Us Grow) Opening Doors NCAST BATS Intake and Assessment Form BabySpace STEEP 		
WHAT'S NEEDED	<ul style="list-style-type: none"> Revitalize Minnesota Association for IMH Contact and engage legislators Develop informational materials Organize a media campaign Invite community organizations to participate in enhancing public awareness Engage the corporate and business community in projects to broaden public awareness Invite religious communities to become involved in awareness efforts and projects 	<ul style="list-style-type: none"> Informational materials Screening tool(s) and procedures <ul style="list-style-type: none"> AIMS Kemp Fam. Stress Michigan checklist NCAST Collaboration among programs and agencies to offer families education, support, and screening Policy that supports consistency in health care for children and families 	<ul style="list-style-type: none"> Collaboration among programs and agencies regarding assessment and intervention continuum of services Delineation of case management role and identification of a pool of case managers within programs A pool of infant mental health specialists to provide consultation Training opportunities for staff within agencies to increase assessment and intervention skills with infants, toddlers, and their families Service models that build upon available programs Ongoing evaluation to guide service provision Consultation Manual (developed by Fraser/Richfield) 	<ul style="list-style-type: none"> Clarification of the model of service to infants and families experiencing difficulties. Arrangement of infant mental health specialists within service system to provide consultation and direct intervention. Ongoing opportunities for program staff, case managers, infant mental health specialists, and families to evaluate services as collaborative models are being developed and tried.