



Kinesiology

UNIVERSITY OF MINNESOTA

Driven to DiscoverSM

College of Education + Human Development

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CE+HD

College of Education + Human Development



THE CE+HD ADVANTAGE Our students take many paths through our College, but they are all committed to one vision: a better future.

Kinesiology—the study of physical activity and human movement—can lead to a career helping people of all ages live healthier lives. Choose an

emphasis in exercise and health science, clinical movement science, sport science, or pre-physical education teaching licensure. With a strong collaborative foundation in the physical, biological, and social sciences, this major provides exceptional preparation for advanced study and careers in academic and research industries, fitness, sport, and health science. As a kinesiology major, you can make an impact by contributing to the well-being of individuals and communities.

PROGRAM HIGHLIGHTS

Undergraduate research opportunities in eight research labs, including the Gait and Posture Laboratory and the Tucker Center for Research on Girls & Women in Sport

Learning abroad opportunities in countries such as Australia, New Zealand, and England

Field experiences that allow you to practice what you have learned in the classroom

Internationally celebrated faculty, such as Mary Jo Kane, recently named one of the 100 Most Influential Sports Educators in America

CAREERS WITH MEANING

Career options include:

Wellness and fitness specialist

Personal trainer
Physical therapist

Occupational therapist

Physical education teacher

This program also prepares students for advanced degrees in biomechanics, exercise physiology, physical education, physical therapy, preventative and rehabilitation medicine, psychology of sport and exercise, sport management, and sport sociology.

PROGRAM OVERVIEW

Foundation courses include biology, physics, chemistry, and anatomy

Major courses include topics related to biomechanics, movement, physiology, research, sociology and psychology of physical activity, and field experiences

Emphasis areas: exercise and health science, clinical movement science, sport science, or pre-physical education teaching licensure

SEE YOURSELF HERE

The College of Education and Human Development offers a unique blend of classroom learning and real-world experiences. We prepare students to make a difference in the lives of individuals, families, and communities.

The best way to see what we're all about is to visit our Twin Cities campus. Schedule your visit through the University's Office of Admissions, and tell them you're interested in the College of Education and Human Development. See admissions.tc.umn.edu/visit or call 1-800-752-1000 or 612-625-0000 (TTY 612-625-9051).

FIND OUT MORE

For information about the College, including program details, career services, and more, check our Web site:

cehd.umn.edu/first-year