Undergraduate Education
William Goodman Coordinates Undergraduate Program

Dr. William J. Goodman is now serving as the Department’s Human Relationships Undergraduate Program Coordinator. William is eager to coordinate the undergraduate program because it offers undergraduate students an option to study theory and research in a content area of choice and experience an internship designed to integrate academic learning with practice all with a liberal arts foundation. Family Relationships, Youth Studies and Aging Studies are currently the three content areas from which students may choose. In addition, the undergraduate program aims to provide students with the interpersonal communication skills necessary for working with individuals and families in a variety of settings. Various social agencies, schools, health centers and state governmental agencies make up the some thirty possible placements for the undergraduate student. Advisement of the 100 undergraduate students is provided by all Family Social Science faculty with William being responsible for all technical guidance through the program.

William states, “while the major components of my employment focus on administrative, supervisory and teaching responsibilities, my first goal is to serve each undergraduate in a manner which continually welcomes each to the department and hence to such fields as family resource management, family policy, family stress, family aging and family therapy. My second goal is to assist in helping each undergraduate leave us as quickly as possible with a degree from the College of Human Ecology.” Further he states regarding interactions with undergraduates, “the formula is simple, that is, to impart kindness and attention with discipline near the fashion I wish to be treated with.”

From the Department Head

Dear Readers:

This issue of Interactions highlights undergraduate education in Family Social Science. Our undergraduate program, Human Relationships: Family, Youth, and Community, educates students for employment in the human services as well as for advanced studies at the graduate level. Students elect a concentration in family relationships, youth studies, or aging studies, each of which has an interdisciplinary and interactional approach. Coursework is augmented through an internship designed to integrate the students’ base in theory and research with practical experience.

In this issue, you will read about the new Coordinator of the undergraduate program and his goals and aspirations; a teaching internship sequence aimed at graduate students who will be teaching undergraduates; and an undergraduate research program for minority students sponsored last summer. Each of these programs is responding to the University’s mandate to examine and improve the quality of undergraduate education across the campus.

Through strengthening the teaching of

Head continued on page 3
Focus on Undergraduate Education

Rolando Martinez with Jean Bauer (left) and Marlene Stum (right).

Undergraduates Gain Research Experience in Summer Program

Family Social Science hosted two undergraduates in the Minority Scholars Development Program last summer. Rolando Martinez, a junior majoring in Human Relationships, worked with Jean Bauer and Marlene Stum on a project concerning Poverty among Minority Elderly. For his final project, Rolando developed a poster presentation that was displayed at the program's research forum on August 6th. Michelle Johnson, a junior majoring in English, worked with Hal Grotevant on research concerning relationships in adoptive families. Michelle was chosen to make a presentation at a dinner in honor of the program scholars on August 6. Her topic concerned Identity and Self-Esteem in Adopted Children. Both Rolando and Michelle have continuing associations in the College. Rolando is involved with the new Multicultural Student Office and Michelle is an undergraduate research assistant on the adoption project.

Department Pilots New Undergraduate Course

This fall the department is piloting a new undergraduate course: Family Issues Across the Life Span. The course, taught by Jim Maddock, involves active learning exercises and small group discussions. "We are using topics to illustrate broader concepts and principles of family systems in a social and developmental framework," states Maddock.

Jim Maddock teaching Family Issues Across the Life Span.

Several faculty have presented in the class thus far. Hal Grotevant presented on adoption as an illustration of the dynamics of motivations for parenthood and the parenting process. Shirley Zimmerman presented on the abortion controversy as an example of social issues in family policy. Recently, Pauline Boss co-presented with Jim Maddock on the dynamics of gender within the context of the family (see photo below).

Hal Grotevant with Michelle Johnson.

Pauline Boss facilitating a discussion group on gender dynamics.
Focus on Excellence: William Doherty

1990 has been a good year for William Doherty. In the spring he was awarded full professor status and he received the McFarland Creative Teaching Award.

Listening to Bill Doherty speak of his activities this fall, it comes as no surprise that he has reached such a level of professional excellence. At this writing Bill has just completed a whirlwind two weeks, featuring the following highlights:

On September 28, Bill gave a colloquium on his divorce research here at the Department. On September 29, he conducted a workshop for volunteers in Person-to-Person Human Services. On October 2, he gave a talk and workshop on Family Systems and Medical Administration at the Annual Conference of the Association of Administration of Internal Medicine in Baltimore. On October 3, Bill gave a CBS News interview in Washington, DC, on Divorce in America. Later in the day he met with colleagues Susan McDaniel from Rochester University and Jeri Hepworth at University of Connecticut about an upcoming book. On Thursday, October 4, Bill met with the Task Force on DSM IV, which seeks to include family diagnoses in the DSM IV handbook. Later in the day he met with the Task Force on Collaboration Between Family Physicians and Family Therapists. At 9 a.m. on Friday, October 5, Bill gave a plenary address on Medical Family Therapy to 4,200 people at the AAMFT Conference. At 11 a.m. that day he began the Master Founders interview Series at AAMFT with an interview of Carl Whitaker - videotaped in front of 800 people. Immediately following the interview he attended a press conference. Following the press conference he "rested" for half an hour and began the next segment of the Interview Series, interviews with Betty Carter, Peggy Papp, Olga Silverstein and Mary Ann Walters. That evening Bill attended a meeting of the Collaboration Between Family Physicians and Family Therapists. On October 5, Bill continued with the Interview Series, interviewing Salvador Minuchin and then Jay Haley. On October 7, Bill completed the Interview Series and his ten day stint with an emotionally charged session with Murray Bowen. A look into Bill's background may explain how an individual prepares for (and survives!) weeks like the two he has endured. Bill received a bachelors in philosophy and a masters degree in theology from St. Paul's College in Washington, DC. He next received a masters in child development and family relations at the University of Connecticut in 1974. In the fall of 1974 he began lecturing in the Human Development and Family Relations Program, while pursuing a Ph.D. in family studies. By 1976 he was Coordinator of the Couples Research Project at the University of Connecticut. Later in that year he began working as a family therapist for the Youth Services Bureau in Stafford, Connecticut. Thus, even at this early stage in his career he was combining research and practice.

In 1976 Bill became an assistant professor in the Department of Home Economics at the University of Iowa. From 1979 to 1983 Bill progressed from assistant professor to associate professor in the Department of Family Practice, College of Medicine at the University of Iowa. During this time he served as Chair for the Division of Research and Behavioral Medicine and as Director of the Family Stress Clinic.

In 1983 Bill moved on to the University of Oklahoma to take an associate professor position and serve as Coordinator of Behavior Science Education in the Department of Family Medicine. He was Chair of the AAMFT Research Committee 1984-85, and founding chair of NCFR's Families and Health Section in 1986-1987.

In 1986 the Department of Family Social Science was pleased to welcome Bill as a member of the faculty. Since joining the department, Bill has published eighteen journal articles, authored or co-authored nine book chapters, co-authored three books, and presented work on over forty occasions — in addition to teaching graduate and undergraduate level courses and maintaining a private practice.

From the Department Head, continued from page 1

our instructors and training the researchers of the next generation, we are responding wholeheartedly to this initiative.

As we look ahead into the 1990's, strengthening alumni relations is both a departmental and a personal goal of mine. We welcome correspondence and suggestions from alumni and would like to know where you are. Please return the form on page 7 of this newsletter so that we can better serve you.

The other "big story" since our last issue of Interactions is that Family Social Science is now in the re-named College of Human Ecology. The timeliness of this change reflects the fact that "we have the choice to be great by realizing, claiming, and capitalizing on our connectedness with each other and the world," stated Dean Mary Heltsley. We invite you to join us as we re-commit ourselves to the development and application of new knowledge for the well-being of individuals, families, and society.

FSoS Staff Changes

Sue Payette, formerly Principal Secretary for the FSoS extension specialists has assumed the position of Principal Secretary for the Department Head November 1, 1990. She replaces Vicky Weise who left the department in September to pursue other challenges.

Diane Wulf began her appointment as Principal Secretary for the FSoS extension specialists November 1, 1990. Diane transferred to this position from the Twin Cities IV Drug/AIDS Demonstration Project, a research project within the department.
Shirley Zimmerman
Vice Chairs Senate

Dr. Evelyn Duvall, Professor Emeritus, College of Social and Behavioral Sciences, University of South Florida at Sarasota, visited the University of Minnesota in June, 1990. Her visit was jointly sponsored by the Department of Family Social Science and the All-University Council on Aging. A highlight of her visit was a colloquium she presented in Family Social Science entitled “Family Development: A Personal Perspective.” Speaking to a full room of faculty, staff, and students, Professor Duvall outlined the history of the field of family development. Her early involvement in this field began in 1942 when she helped develop a college curriculum on marriage and family, along with the late Regents’ Professor Reuben Hill of the University of Minnesota. During World War II, she and Hill developed courses offered under the auspices of the U.S. Armed Forces Institute for military men in isolated outposts. The course they developed on marriage and family later grew into a college text and into an opportunity for them to prepare background papers for the White House Conference on the Family in 1948.

The productive collaboration of Duvall and Hill represented an interdisciplinary team: Duvall’s doctoral work was completed at the University of Chicago in the area of human development and Hill’s perspective came from family sociology. Their early work traced the development of families across a series of stages and specified crises and vulnerabilities for men and women at each stage in the family life cycle. In 1957, Duvall published the first edition of Family Development through Lippincott Publishers. The book is now in its sixth edition, and Duvall is considering the possibility of a seventh edition.

In discussing the future of the family development field, Duvall acknowledged that the framework “doesn’t fit anymore” because of the many changes that have happened in family life in contemporary western society. She might retile a new edition Family Development and Dissolution, to reflect the fact that the family life cycle must take into account such phenomena as divorce, stepparenting, and death. She challenged the audience to continue research and theory building in the area of family development and especially championed the need for longitudinal research in this area. She also challenged the audience to think about dissolution as a positive rather than a negative. “We consider death as a failure. We don’t acknowledge that death is a part of life.” In talking about the future of the theory, she stated that she would not do away with the idea of family developmental tasks or the idea of stages, but that the framework of the theory needed to be more honest about taking into account the realities of contemporary families.

The University in the Community

As part of the University in the Community Program both Hal Grotevant and David Olson have participated in visits to greater Minnesota.

David Olson was in Winona, Minnesota on April 8th and 9th to give two talks. The first talk concerned integrating family issues into community programs. David spoke with community leaders and agencies from a variety of different offices, including mental health clinics, hospitals and domestic abuse centers.

The second talk was titled “2001, Preparing Families for the Future.” In this lecture, David spoke to approximately 300 people about what family issues are expected to arise in the future and how the field of family science will

Continued on page 6
Family Social Science Welcomes New Graduate Students

Each fall the department holds its annual new student orientation. Each new student is paired with a second year student who serves as a peer adviser. The peer advisers organize the orientation process, answer questions concerning course work, and attempt to provide whatever resources they feel new students will need.

At this year’s pot luck, the new students were presented with several handy tips and supplies for surviving graduate student life in Minnesota. Perhaps the most crucial items of the kits were the jumbo-sized boxes of aspirin and cold medicine (see photo below). As evidenced by the above photo, the new students were still oblivious to the realities of graduate student life. Hold on to that aspirin!

Family Strengths: A National Collaboration Project

In February of this year, David Olson attended the Family Strengths Conference in Washington, DC. David served on a six member panel with Bob Beavers, Froma Walsh, John Defrain, Walter Schumm and Harriet McAdoo. The purpose of the panel was to plan a national survey of families which will seek to identify traits of successful families.

The panel also looked at numerous assessment tools in an effort to create a set of items and scales that will be used in the national survey. In addition, a reduced set will be added to the longitudinal study which Larry Bumpass and Jim Sweet are co-directing at the University of Wisconsin, Madison.

In general, there was considerable consensus among the group on the major family dimensions to be included and they were: family stress, family cohesion, family adaptability, family communication, family problem solving, and family satisfaction.

Summer Study in Scandinavia - 1991

The Department of Family Social Science at the University of Minnesota will offer two courses, conducted in connection with a three-week tour of urban and rural areas of Norway, Sweden and Denmark: FSoS 5200, FAMILY RELATIONSHIPS (William Doherty, Ph.D., Instructor) and FSoS 5240, FAMILIES AND FAMILY SERVICES IN SCANDINAVIA (James Maddock, Ph.D., Instructor). The tour will include a number of site visits and group seminars, as well as contact with Scandinavian families and family professionals in a variety of settings. Arrangements can be made for University credit or audit, or for continuing education units. To receive more information, phone (612) 625-1900 or write Summer Study in Scandinavia, Department of Family Social Science, 290 McNeal Hall, University of Minnesota, St. Paul, MN 55108.
Awards and Honors

Pauline Boss Receives AFTA Research Award

At its recent annual meeting in Philadelphia, the American Family Therapy Association presented Dr. Pauline Boss with the 1990 Research Award for cumulative research contributions to family systems research. Dr. Boss’ area of research is family stress and resiliency when experiencing ambiguous loss of a family member. Dr. Boss is currently principal investigator of National Institute of Aging Research grant entitled “The Psycho-Social Impact of Dementia on Family and Caregiver.” She previously studied families of men declared missing-in-action and mid-life families with an adolescent who just left home. Reports of her findings are published in the Journal of Marriage and the Family, Family Relations, Family Process, Contemporary Family Therapy, Marriage and Family Review, in many book chapters and in her own books Family Stress Management (Sage Publications), The Measurement of Boundary Ambiguity (Minnesota Agricultural Experiment Station). She is presently working on a third book which will summarize her research on ambiguous loss.

Dr. Pauline Boss is Professor in the Department of Family Social Science at the University of Minnesota and a family therapist in private practice. She received her B.S. (1956), M.S. (1973), and Ph.D. (1975) from the University of Wisconsin-Madison. She was an Associate Professor in the Department of Child Development and Family Studies at the University of Wisconsin-Madison until 1981 when she went to the University of Minnesota.

Sally Bennett Awarded for Outstanding Service

Congratulations to Sally Bennett who received the College of Human Ecology Prolonged Outstanding Service Award for her work in the Department of Family Social Science. Sally was presented with the $1,000.00 award at the April 5 Civil Service Awards Recognition Ceremonies for “prolonged outstanding performance above and beyond the routine duties of the job.”

Family Social Science Introduces the Graduate Teaching Internship Sequence

After over two years of planning, the department is pleased to announce the premiere of the re-vitalized Graduate Teaching Internship sequence beginning winter quarter, January, 1991.

The objective of the sequence is to provide students with theory, research, and practice foundations needed for future roles as college teachers and family life educators. The first course is theoretical in nature and includes selected readings from the literature on philosophy of education, teaching techniques, learning styles, and family life education. The second and third courses combine research and practice with a strong experiential foundation. The goal of the second course is to provide supervised opportunities for the practice and improvement of teaching techniques and knowledge about the conceptualization of research based information.

The third course provides additional supervised teaching experience, with students accepting primary responsibility for the teaching of Dynamics of Family Relationships (FSsS 1001) or Parenting (FSsS 1025). Analysis of videotaped class segments will enable refinement of teaching techniques. A required paper evaluating some aspect of the teaching/learning process will provide further integration of research and practice for this final course of the sequence.

Dan Detzner, James Maddock and Kathryn Rettig are primarily responsible for the development of the sequence.

Community continued from page 4 need to evolve and change in order to meet emerging needs.

Hal traveled to Bemidji, Minnesota on September 17, where his visit was hosted by faculty of Bemidji State University and local representatives of the Minnesota Extension Service. His day began with a breakfast talk to about 200 campus and community leaders on the topic: “Helping Teens Become Adults in a Changing World.” During the day, he spoke about adolescent development in the family context with classes on Sociology of the Family and Psychological Foundations of Education. That evening, he conducted a workshop for parents and professionals on "Parenting the Teenager: Balancing Separateness and Connectedness.”

These visits to Winona and Bemidji are part of the University’s initiative to “tell its story” throughout the state and help all Minnesotans benefit from the research and teaching activities being conducted on the Twin Cities campus.

Interactions, the newsletter of the Department of Family Social Science at the University of Minnesota, is published twice a year.

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DEPARTMENT HEAD:
Harold D. Grotevant

Your comments are welcome. Please direct them to:
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The University of Minnesota is committed to the policy that all persons shall have equal access to its programs, facilities, and employment without regard to race, religion, color, sex, national origin, handicap, age, veteran status, or sexual orientation.
Next summer the American Home Economics Association meets in Minneapolis. A pre-conference workshop on Family Economic Well-being in the next century will be offered June 21-22. The conference will address the issues and approaches used by researchers, educators, and policy makers to conceptualize, measure, and teach about family economic well-being. The Family Economics-Home Management Section of AHEA is sponsor of the conference. Jean W. Bauer and Kathryn D. Rettig are co-chairs and Marlene S. Stum is local arrangements chair.

The opening session will feature Dr. Shirley Baugh, as keynote speaker on “Challenges for Human Well-being in the Next Century” followed by a panel of respondents that represent the challenges for research, education, and policy in the next century. Dr. Jan Hogan will follow the panel and address the issue of economic well-being from the perspective of working with families and individuals. To complete the opening session the workshop participants will be divided into small groups to discuss where we as professionals fit into the family economic well-being: challenges, changes, and continuity for the next century. The rest of the conference will consist of research reporting sessions, educational-policy workshops, exhibits and poster sessions.

Members of the section of AHEA will receive mailed information about the conference. Others are welcome to attend and can receive information by contacting Dr. Jean W. Bauer, Department of Family Social Science, 290 McNeal Hall, 1985 Buford Avenue, St. Paul, MN 55108.

What Are You Up To?

We would like to keep in touch with your current address and activities. Please drop us a line and fill us in! If you know the address of other alumni and friends who have moved, let us know that as well.

Name: ____________________________

Address: ____________________________

________________________________

Degree and year: ____________________________

Current activities, achievement, Comments: ____________________________

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On the Threshold

Work between Family Social Science faculty and family researchers at the Soviet Academy of Sciences continues to progress on a book project initiated in November, 1988.

Jan Hogan recently returned from a trip to Moscow, where she met with the Soviet co-editors on the book project. Drafts of the chapters have now been completed by both Soviet and American authors; the major task before the editors is the integration of materials into a coherent book. In effect, two versions of the book will be written, one for the American audience and another for Soviet readers. Each version will highlight and comment on the information from the other country. “Much work remains to be done; however, we’re optimistic that the outcome of our efforts will be a valuable contribution to understanding families in the two countries,” states Jim Maddock. Jim Maddock and Jan Hogan are co-editors of the American version of the book, entitled Families in the U.S. and U.S.S.R.: On the Threshold of the Twenty-First Century. Jim Maddock will probably be visiting Moscow in February or March to put the finishing touches on the editorial work.

Several faculty members are also continuing to work together with Soviet researchers on family-related projects. For example, Jim Maddock and Sheau-Er Chen are currently entering and analyzing data from a survey of high school students’ attitudes toward family issues in Moscow, Taipei, and St. Paul.

Faculty News

Geraldine Gage was elected as the Departmental Grievance Officer. Departmental Grievance Officer positions were created by the Vice President’s office to assist the University administration in providing “a just, efficient and final resolution to grievances among members of the University community...”

Janet Macy was added to the advisory board for the newly formed Children’s Radio Network station, WWTC 1280 AM, Radio AAHS in the Twin Cities. Radio AAHS is the only 24-hour children’s radio station in the world.
Research News
Dan Detzner

Dan Detzner has been awarded a Pilot Research Grant from the Alzheimer's Association to develop a model of family caregiving types. The grant is $24,000.00 for one year. Dan and his team are using forty-four videotaped interviews of families caring for a family member with Alzheimer's. The taped interviews are courtesy of Pauline Boss's Alzheimer study, which is supported by a National Institute on Aging grant.

Dan and graduate students Ann Garwick and Carol Elde are performing secondary data analysis of the tapes using David Olson's Circumplex Model. They seek to develop an initial typology and then use family support, family conflict and primary caregiver depression as dependent variables to further refine typologies within the Alzheimer's caregiving context.

The study employs both quantitative and qualitative approaches and will utilize the Minnesota Computer Content Analysis program together with case study techniques. Ann Garwick is basing her doctoral thesis on this study.

Paul Rosenblatt

Paul Rosenblatt returned to the department this fall after spending a year on sabbatical leave. While on sabbatical, Paul studied medical anthropology at Harvard and began a project on political families.

Kathy Rettig

Kathy Rettig received $25,000 from the Howe Foundation to develop educational materials on divorce for the lay public. She is developing two extension publications to assist the public in estimating child care costs: one for urban areas and one for rural areas. This educational effort came out of the realization that attorneys, judges and divorcing parties are unaware of the actual costs of child care.

Sharon Danes

Sharon Danes continues her research on the gap between the standard and level of living as a motivator for change in families. She has recently had an article describing this approach accepted for publication in the Home Economics Research Journal. The article is entitled "Locus of control, Gap between the Standard and Level of Living and Satisfaction with the Gap: A Path Model."

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