MFT--the Community and the Future

The Marriage and Family Therapy Program embodies the department's historical commitment to theory, research, and practice. For over two decades, the program has turned out an outstanding cadre of clinical researchers, supervisors, and trainers locally and across North America.

Accredited in 1986 and currently enrolling 21 doctoral students, the Marriage and Family Therapy program is one of the more highly visible components of the department. Students admitted to the program have already earned their master's degrees in a clinical field and are pursuing advanced doctoral degrees. Serving the program are six MFT faculty members (three full time and three part time) as well as other teaching and Extension faculty in the department. Full time faculty includes William Doherty, William Turner, and Liz Wieling. Part time faculty includes Wayne Caron (fieldwork coordinator), Pauline Boss, and James Maddock.

William Doherty, Director of the MFT program, describes the students' preparation for their doctorate as multi-faceted. “At the doctoral level, we prepare students with advanced clinical skills, supervisory skills, and theory and research skills. What has made us unique is our emphasis on both family studies and MFT.” He added, “We expect our graduates to be able to contribute as family studies scholars, family therapy scholars, and as therapists and supervisors. Students coming from our program have a special breadth of training because of the department’s multidisciplinary faculty.”

The program balances coursework, research opportunities, and clinical practice to give students the background and experience needed to succeed in the field. The coursework dimension includes classroom clinical courses, clinical contact courses, individual and family studies courses and research courses. The classroom courses involve the study of theories and issues surrounding family therapy. Topics include Theories of MFT, Supervision in MFT, Ethics in MFT and Clinical Interventions for Couples.

Individual and family studies courses are an important aspect of the curriculum. These courses focus on family theories, family decision-making, and gender roles in the family. The research aspect of the coursework involves both qualitative and quantitative family research and several statistical methods courses.

The clinical contact courses take the students out of the classroom. This is where the students do ongoing practicum work and later a full time internship. “We honor both clinical competence and research competence in our MFT program,” Doherty says. In addition to the faculty supervision, students receive supervision from a growing network of marriage and family therapists throughout the community. In the third year of the program, students have the option to supervise junior trainees in the community.
MFT (Cont.)

The program encourages students to focus their research on a diverse assortment of topics. Some past Ph.D. candidates have studied issues ranging from families with relatives with Alzheimer's or diabetes to a national survey of the practice patterns of marriage and family therapists. Other students have also chosen to study less directly clinical issues involving family health and well being.

The program is now looking to new horizons for the future. This involves an emphasis on families in communities. Several faculty members in the MFT program have decided to create an emphasis on the emerging area of "family-centered community building." This work puts an emphasis on how family therapists can partner with families to tackle challenges facing family life in local communities, with a special focus on racially and ethnically diverse families. There are a number of opportunities for students to work on community projects.

The Marriage and Family Therapy program creates an array of opportunities for students to not only draw from the knowledge and experience of the faculty in the classroom, but to use that knowledge in improving the lives of individual families and the community as well.

Alumni Profile: William Allen

The road that William Allen has traveled to reach where he is today has been a long and rewarding one. He graduated from Brown University in 1975 with a bachelor’s in Child Psychology. After a stint with a career in corporate marketing, Allen returned to school in 1990. In 1997 he received a Ph.D. from the University of Minnesota in Marriage and Family Therapy.

While in the Department of Family Social Science Bill Allen focused on understanding the different types of African American marriages. In 1995 he received a Bush Foundation Leaders Fellowship that helped fund his dissertation.

Today Allen lives in Eagan, Minnesota and has his own practice—Mental Health Consulting—in Minneapolis. For the past two years he has served on the Board of Trustees for the National Council on Family Relations. Additionally, Allen has also returned to the FSOS family on occasion as an adjunct professor to teach courses on family systems, families and ethnicity and dynamics of family relations.

Bill Allen shares his thoughts on his time spent at the University of Minnesota: "My experience as a graduate student in Family Social Science came at a pivotal time in my life. Not only was learning how to be a teacher, researcher and clinician, but I was also coming back into the field of human services after fifteen years in corporate marketing. I found both the faculty and my peers to be fascinating people who were dedicated to improving the lives of families. This motivated me to make the most of my time in the department. Even now, years later, I still feel like I am part of a proud tradition of scholars and I continue to strive to make my 'academic family' of origin proud of me."

From the Department Head...

This issue highlights the department's Marriage and Family Therapy program. Almost half of our doctoral students combine their family science work with the study and practice of therapy. Although some of the program's faculty are on phased retirements, two new faculty are already on board, bringing new ideas and expertise to the program. The articles in this issue reflect our new faculty as well as the thoughts of one of our MFT alumni, Bill Allen.

Due to a significant shortfall in the state budget, this will be a challenging year for the state of Minnesota. Outcomes from the 2002 legislative session will have profound effects on state-funded institutions, particularly the University. You can help make a difference by contacting your legislators and urging them to support the University's budget request (for more information: http://www1.umn.edu/urelate/govrel/). You can find contact information for your legislators by following the links at the Minnesota State Legislators website (http://www.leg.state.mn.us/leg/districtfinder.asp). Tell them that you are a constituent and share with them your personal experiences with the University.

INTERACTIONS is published twice a year by the Department of Family Social Science, University of Minnesota. It is distributed to alumni, students, faculty, staff, and friends of the department. We welcome comments and news items, which you can send to Chris Liakos, Department of Family Social Science, 290 McNeal Hall, 1985 Buford Ave., St. Paul, MN 55108, or call 612/625-1900, fax to 612/625-4227, or email at cliakos@che.umn.edu

Hal Grotevant, Department Head
Chris Liakos, Coordinator, Editor, and Layout Design

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With an eye to the future, we have successfully concluded our search for a new department head. Dr. Jan McCulloch, currently at the University of Kentucky, will be joining us in July, 2003. Jan’s special interest is family gerontology, and we look forward to adding her strength to a growing emphasis in the gerontology area. She has been able to join us already for several special events, and we eagerly look forward to her arrival next summer.

The College of Human Ecology has launched “Campaign Human Ecology,” a development initiative aimed at raising funds for priorities identified by the academic departments. Family Social Science has identified endowed chairs and graduate fellowships as its most important areas of growth. It is likely that the state budget shortfall will affect our ability to provide funds for graduate students next fall. The gift envelope enclosed lists a number of fellowship funds. We hope you will be able to demonstrate your support of the department and our students by designating one of them for a gift.

As always, we appreciate your interest and your loyalty. Happy 2003 to all!

—Hal Grotevant, Interim Department Head

Community Outreach: Sharon Danes on Sabbatical

When Sharon Danes left the University on sabbatical in July 2001, she had set out to reach a three-tiered goal of advancing her learning, boosting her research and creating opportunities for outreach work with leadership and progress in rural Minnesota Communities. What she hadn’t planned on was applying that same knowledge of family life to helping the victims of September 11th.

Dr. Danes headed to Cornell University last year to begin her work away from the University of Minnesota. The purpose of the sabbatical was to investigate the liability of family businesses and rural communities. The work of the sabbatical was to be broken down into three components: learning, research and outreach. The objective of the research component was to further analyze data already collected on Minnesota families in rural communities and write the findings up into journal submissions. Several of these reports have been published, with many communities all working together to meet the challenges of change in rural Minnesota (www.ruralmn.umn.edu).

These lead to the third component of her work: outreach. At Cornell, Dr. Danes

more manuscripts under review or revision. The research portion gave Dr. Danes time to test out the Family FIRO Model as it applies to family businesses. This empirical test of this conceptual model was published in 2002 in Family Business Review.

The second component—learning—was to develop the technological know-how to communicate her results to the appropriate people.

“My sabbatical was a way to open my mind to technology and new ways of communication”

—Sharon Danes

Dr. Danes studied various web strategies, digital media resources and methods of online research and distance education. Her work includes “Rural MN Life,” a website devoted to families, businesses, and worked with the Community and Rural Development Institute (CARDI) and the Entrepreneurship and Personal Enterprise Program. With these groups she spent her time studying change in rural family businesses. Along with her involvement in these programs, Dr. Danes also served as a visiting lecturer.

In September of 2001, however, her work took on a new purpose. She was asked by Cornell Extension to give leadership to its efforts to help with adjustments to the tragic events of September 11th. Danes and her colleagues worked with families to develop an interactive website of resources (www.resilientcommunities.net). On the fly, Dr. Danes had to draw on her background in dealing with change and adversity in the community to help out those dealing with the most significant change and adversity in recent history.

“My sabbatical was a way to open my mind to technology and new ways of communication,” Danes said. “Now I’m looking to turn it around and apply everything I learned in New York to the communities and families of Minnesota.”
Meet the New Crop of FSos Graduate Students

Jared Anderson has lived all over the United States but claims Blue Springs, Missouri as his hometown. He received a Bachelor of Arts in Psychology from Graceland College and completed his Master’s in Marriage and Family Therapy from Kansas State University. His research interests include MFT processes and outcomes, human change processes and technology and social change. He is also involved in working with democratic community initiatives. He has been married to his wife, Stacey, for four years and enjoys the outdoors, sports and traveling throughout the world.

Cherie Collins is from New Orleans, Louisiana. She received a Bachelor of Arts in Social Work from LeMoyne Owen College, a Masters in Clinical Social Work from the University of Tennessee and completed a Post Master’s Fellowship in Clinical Social Work at the Menninger Clinic in Topeka, Kansas. Prior to moving to Minnesota, Cherie was a clinical faculty member at Louisiana State University. Her research interests include family stress and resilience, families and mental health, and community/family partnerships. When she gets a chance, she enjoys creative writing, cultural arts and traveling.

Kevin Green is originally from Utah. He received a B.S. in Family Science from Brigham Young University in 1997 and a master’s degree in Family Studies with an emphasis in MFT from the University of Kentucky in 1999. He and his wife Mallory have been married for five years and are expecting their first child, a girl, in February 2003. Kevin has worked as a birth parent and adoption counselor in an adoption agency in New Mexico. He is a Certified Family Life Educator (CFLE) and has taught courses on marriage and family life at San Juan College. His research interests include fatherhood and its meaning for men, adolescent fathering, adoption and adolescent identity, marital and family relationships, and divorce and remarriage. He loves music, Asian art and history, Italian food, and loves spending time with family and friends.

Aysem Karahan was born in Istanbul, Turkey. She spent the first 7 years of her life in a small coastal town called Bodrum, after which she and her family immigrated to Bozeman, MT. Aysem received a Bachelor of Science degree in Psychology from Montana State University, and a Master’s degree in Marriage and Family Therapy from the University of San Diego. Aysem’s research and clinical interests include studying and working with inter-cultural couples. Her long-term goal is to obtain a faculty position at a university, where she hopes to teach and conduct research. She also plans on practicing Marriage and Family Therapy to help complement and enhance her work as an academician. Aysem is supported by her father, mother, and older brother, who all reside in Bozeman, MT.

Gina Kelly was born and raised up north in Bemidji, Minnesota. After graduating from high school she moved to Fargo, North Dakota for college where she graduated in 1995 with a BS in Medical Sociology and Gerontology from NDSU. During that time she met her husband, Fallon, and they got married. Soon after that they had their son, Caemon who is now three years old. In 2000 Gina completed her MS in Sociology and Gerontology from NDSU, while working at the North Dakota State Data Center. Gina spent the last two years as the project manager for two national assisted living studies in the National Long Term Resource Center here at the University of Minnesota before coming back to school for her doctorate. Gina’s research and teaching interests combine the family and gerontology looking at how families are involved with older family members long-term care issues.

Erin Morgan is a first-year Marriage and Family Therapy student newly transplanted from the Washington, D.C. area. She received her master’s in MFT from Virginia Tech in Falls Church, VA. Her work here involves treating trauma systematically in families and communities and working with adolescent sexuality. Her past experience involved working with sexually abused children and their families as well as working in several shelters for abused women and children. Erin and her dog are happily exploring the Twin Cities and doing their best to adjust to the tundra.

Szu-Yi Peng is here studying from Taiwan. Szu-Yi received a B.S. in Nursing from National Taiwan University (NTU) in 1998. Then She worked at the Neurological Ward and Psychiatric Ward of National Taiwan University Hospital as a nurse. She was also a TA at the Nursing Department of NTU, lecturing and supervising student nurses. She came to the United States for her master’s training in Marriage and Family Therapy at Syracuse University in 2000. Her clinical interests are working with late teenagers and young adults regarding issues in intimate relationships. She also focuses on issues of cultural diversity very much, particularly around race,
gender, and culture. Her master’s thesis investigated international students’ learning experiences in MFT programs. Szu-Yi’s professional goals are to introduce the field of MFT in Taiwan, establish a MFT training program, and to do family research that is beneficial to the people of Taiwan.

Kristine Prziborowski is from the Mora/Milaca area of Minnesota. She received a bachelor’s in psychology from the University of Minnesota in May of 2001. Kristine is evaluating several research possibilities, but enjoys being exposed to new projects and ideas. Currently she is working with Dr. Jean Bauer on the Minnesota Rural Families Speak Project and loving her graduate school experience. She also has a personal life, believe it or not. Along with her fiancé, Ryan, she is in the midst of planning a wedding that is to be held in August of 2003.

Lynn Von Korff received a BFA from Boston University School of Fine Arts and an MBA from the Carlson School of Management at the University of Minnesota. During the past year she has worked with the Minnesota Texas Adoption Research Project in pursuit of her professional interest in close relationships research. She has also worked for many years in non-profit management and teaching, including designing and implementing community grant programs and as a development, finance, and human resources manager.

Tina Watson-Wiens recently completed her master’s degree in Marriage & Family Therapy at Bethel Seminary and she is a Licensed Associate Marriage & Family Therapist. Tina’s research interests are currently focused on simply learning how to do research well! She has been living in Minnesota for the past eleven years with her spouse, Mark. Prior to that she lived all over the world, calling Texas her home state.

THANKYOU!
A special thanks to our numerous donors since January 2001. Your support is greatly appreciated!
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New Faculty Profile:
Jodi Dworkin

The Department of Family Social Science welcomes Dr. Jodi Dworkin as the newest addition to the faculty. Dworkin came to the department in August 2002 as an Assistant Professor with an appointment in the University of Minnesota Extension Service.

Her scholarly interests are in the area of promoting positive family development, strengthening families and communities, adolescent development and parenting adolescents.

Dr. Dworkin’s research involves a new approach to studying risk-taking behaviors in adolescents. Her work attempts a shift from the historically negative model of such behaviors to a normative model of experimentation; one that sees this behavior as functional, intentional and part of an active process of identity formation. Her work has explored youth alcohol use, substance use, and sexual activity, as well as youth participation in more normative behaviors such as academic activities, sports, clubs, and socializing. Her past research has also included studying the economy of time and emotion in families and exploring adolescents’ developmental processes in youth activities.

Dr. Dworkin is originally from the Philadelphia area and earned a Bachelor of Science in Psychology from Allegheny College in Meadville, PA. From there she received her Masters in Human and Community Development from the University of Illinois, Urbana-Champaign. In May, 2002, Dr. Dworkin completed her Ph.D. at the University of Illinois. Her dissertation was titled *Experimentation During Emerging Adulthood: A Qualitative Analysis*.

While at the University of Illinois, and continuing at the University of Minnesota, Dworkin worked to create a website serving as a guide to resources on teen issues. The site, titled Teen-Link (http://web.aces.uiuc.edu/p2p/teenlink/), provides a list of books, journals and other websites that deal with issues ranging from homosexuality to eating disorders to parenting.

Now that she is in Minnesota, Dr. Dworkin is excited to explore the state and take advantage of the snow by getting out for some cross-country skiing. She also has plans to take in all that the Twin Cities theater scene has to offer.

FSoS Welcomes Two New Staff Members

The Family Social Science department welcomes two new staff members: Kersten Anderson and Chris Liakos.

Kersten joined the College of Human Ecology in June as a Grant Coordinator for the Departments of Family Social Science (75%) and Design, Housing and Apparel (25%). She assists faculty in the process of identifying appropriate intramural and extramural agency and foundation funding sources. She also participates in all steps of the grant preparation and submission process.

She comes to the department with over four years of experience at the University of Minnesota’s Medical School. At the school’s Division of Hematology, Oncology and Transplantation—the most highly funded division at the Medical School—she secured funding from NIH grants, national and state medical society grants and pharmaceutical clinical-trial sponsors.

Kersten received her undergraduate degree in Physiology at the University of Minnesota and then moved to Boston where she received her Masters of Arts in English at the University of Massachusetts. It is there where she will be returning next spring to compete against 20,000 other runners in the Boston Marathon. She completed the Twin Cities Marathon in September 2002. To relax, Kersten enjoys getting up to St. Cloud to spend time with her family.

Chris Liakos joined the department in September as an Informational Representative. His work not only includes delivering news and information to Family Social Science students, staff and faculty, but also promoting their work and efforts beyond the department.

His experience includes two years at the U of M in the Academic Health Center’s Office of Communications. Before coming to the Department, Chris spent a summer in San Diego as an intern at Corbae & Company Public Relations and then a year working in the Cardiovascular Clinic at Fairview-University Medical Center.

Chris graduated from the U of M in May, 2001 with a degree in Journalism. He plans to begin work on his Masters in the next year. Chris enjoys traveling and all kinds of outdoor activities including running and skiing. However, he will not be running in any marathons anytime soon.
News and Notes

GRADUATE STUDENT NEWS

Hee-Kyung Kwon is featured in the current issue of Campaign Legacy. The article, titled “Fellowships: Attracting the New Generation of Thinkers and Doers,” describes the new “Olson Doctoral Dissertation Fellowship” that enables her to finish her dissertation in the department.

On May 21, 2002 John Beaton successfully defended his thesis entitled “Expectant Father’s Family of Origin Processes and Their Association with Attitudes About Father Involvement.”

On May 28, 2002 Annelies Hagemeister successfully defended her dissertation entitled “Battered Mothers’ Social Networks: A Qualitative Analysis.”

Kerry Kriener-Althen successfully defended her dissertation on August 23, 2002. The title of the piece was “The Relationship Among the Foster Care Situation, Foster Parents’ Perceptions of satisfactions, Available Resources, and Stress in Caucasian Foster Families.”

Mary Jo Katras was selected as the recipient of the 2002 Henry Borow Award for research on developmental education and urban literacy.

This year’s recipient of the Neubeck Scholarship is Hee-Kyung Kwon. The Neubeck Scholarship was established to assist students presenting papers at national conferences. Hee-Kyung will be involved in two presentations at the NCFR conference and is the first author on one of them.

Congratulations to our own Yvette Perry, on the publication of her article, “Assisted Reproductive Technology through a Family Policy Lens: Some Lessons from Adoption Policy,” which appeared in the NCFR Report, December 2002.

ALUMNI NEWS

Marcie Parker (PhD, 1996) has been appointed to the Board of Directors of the Minnesota Council on Family Relations.

Ann Garwick (PhD, 1991) has been inducted into the American Academy of Nursing. She is one of three new Minnesota fellows from a total of 73 nationwide.

Rob Reimer (PhD, 1979) was included in the “more books” listing in the July-August edition of Minnesota Magazine. Reimer’s book is on the topic of parenting and is titled, Papa Bear: A Dad’s Unusual Advice to his Kids (Vantage Press, 2001).

FACULTY NEWS

Robin Murie and Commanding English have received a $7000 departmental grant from the Center for Interdisciplinary Studies of Writing to work with Dan Detzner on a research project entitled: “Life Histories as the Focus of Writing in Somali and Other Immigrant Communities.” Detzner will work with writing instructors in the Commanding English program in developing and assessing a writing course for Somali and other immigrant students that will involve informed gathering and writing about life histories of elders in Minnesota refugee communities.

Pauline Boss was honored in a ceremony for her work with the families of the victims of September 11th. The Service Employees International Union Local 32BJ of New York City unveiled a wall dedicated to the 24 union employees who lost their lives as well as those, including Boss, who provided support for the grieving families. Boss headed up the Minnesota-New York Ambiguous Loss Project.

Hal Grotevant was a featured speaker on September 27th at the Adoption Option’s Educational Conference in Edina, MN. His presentation was titled “Openness In Adoption: What Does The Research Show?”

Bill Doherty appeared on CBS’ Early Show on September 23rd to discuss his book Putting Family First: Successful Strategies For Reclaiming Family Life in a Hurry-up World.

Jan McCulloch, department head-designate in family social science, has been named a Fellow in the Gerontological Society of America.

Cross-cultural Mental Health Issues with Mexican and Mexican-American Families

Graduate Level Course
Offered by

Department of Family Social Science at the University of Minnesota
and The Centro de Investigación Familiar A.C.
August 11-22, 2003

This is a two-week intensive seminar offered at the Centro de Investigación Familiar (CIFAC) in Monterrey, Mexico. CIFAC is a research institute focusing on preventive interventions with children and families. The center also offers a master’s degree in marriage and family therapy. This course will bring together a cross-cultural group of students from the United States and Mexico and will focus on a variety of topics including family and social relationships, gender roles, family social policy, family violence, and preventive interventions with Mexican and Mexican-American populations. The course will provide fieldwork experiences as well as opportunities for live clinical observations. Local scholars will be invited as guest lecturers. Taught by Liz Wieling, Ph.D. Assistant Professor, Family Social Science. For more information, email her at lweling@che.umn.edu
Visits the Department of Family Social Science website:
http://fsos.che.umn.edu

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We Are...The College of Human Ecology

On September 24, 2002 the College of Human Ecology celebrated the past, present and future of the college. Held at the McNamara Alumni Center, the event served as an opportunity to introduce the college’s initiatives for the future. These include:

- Improving healthy life choices
- Promoting development across the life span
- Advancing design and technology
- Embracing cultural awareness and competence
- Securing economic and social well-being

Those in attendance were also treated to a premier viewing of I am the College of Human Ecology, a video presentation highlighting all the college has to offer. The night also featured presentations by Dr. Richard Foster of the Kellogg Foundation and Shirley Baughers, Dean of the college.

During the September 24th College of Human Ecology gala, incoming Family Social Science department head Jan McCulloch speaks with Dudley Riggs (center) and Gerry Neubeck

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