

Program Planning Form - B.S. Kinesiology

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Degree Requirements	
<ul style="list-style-type: none"> • CPR/First Aid certified at the time of degree clearance • C- or better in all KIN classes and Psychology • 2.00 minimum Grade Point Average 	<ul style="list-style-type: none"> • Minimum 120 credits, 30 credits while in the major • Completion of Gen/Lib Education and writing requirements • Completion of all Kinesiology Major pre-admission requirements

Name	Student ID	Emphasis Area
Telephone Number	Email Address	Semester and Year Admitted into Major

Pre-Admission Coursework							
Subcategories	Designator	Course	Class Title	Credits	Term Offered	Year	Grade
Biology w/Lab							
Chemistry w/Lab							
Physics w/Lab							
Psychology							
Speech Performance							
Statistics or Math							
Total Credits:							

PE Course Requirements							
5 PE courses are required - 1 course from 4 of the 5 areas listed below. Pre-PE Teaching majors are required to take more courses.							
Designator	Course #	Class Title	Credits	Term Offered	Year	Grade	
PE		Aquatics:					
DNC		Dance:					
PE		Individual Sport:					
PE		Team Sport:					
PE		Conditioning/Weight Training:					
PE		Other:					
Total Credits:							

Core Requirements							
Designator	Course #	Class Title	Credits	Term Offered	Year	Grade	
Kin	1871	Introduction to Kinesiology	2	FSP SU			
Kin	3027	Human Anatomy for Kinesiology Students	3	SP			
Anat	3001	Human Anatomy	3	F SP			
Kin	3112	Introduction to Biomechanics	3	F SP SU			
Kin	3126W	Psychology and Sociology of Sport	3	F SP SU			
Kin	3131W	History and Philosophy of Sport	3	F SP SU			
Kin	3133	Motor Control and Learning and Development	3	F SP SU			
Kin	3151	Measurement, Evaluation, and Research in Kinesiology	3	F SP SU			
Kin	3385	Human Physiology for Kinesiology Students	3	F SP SU			
Phsl	3051	Human Physiology	4	F SP			
Kin	4385	Exercise Physiology	3	F SP SU			
Total Credits:							

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Experience Requirements

Any combination for 10 credits. All experiences must be pre-approved by the instructor before hours/experience can be considered credit worthy

Designator	Course #	Class Title	Credits	Term Offered	Year	Grade
KIN	3696	Supervised Practical Experience		F SP SU		
KIN	3993	Directed Study		F SP SU		
KIN	5691	Coaching Minor/Certificate: Coaching Experience		F SP SU		
Total Credits: 10						

Emphasis Electives

10-17 credits that support the stated emphasis area. These credits can be Kin or non-Kin, 1xxx-5xxx.

Designator	Course #	Class Title	Credits	Semester	Year	Grade
Total Credits:						

Core Elective Requirements

15 credits of Kin 4xxx / 5xxx courses. Additional courses students can take: HumF 5001 and HumF 5722. KIN 4385 does not fulfill this requirement.

Designator	5xxx	Class Title	Credits	Semester	Year	Grade
Kin						
Kin						
Kin						
Kin						
Kin						
Total Credits: 15						

Graduation Requirements

After the requirements listed below are completed, students should fill out the form below, initial, and date each of the categories.

Gen/Lib Eds Complete	Pre-Admission Requirements Complete	Minimum 2.00 GPA on final APAS
Kinesiology Requirements Complete	Minimum 120 Credits Complete	Minimum 30 credits as CEHD major
CPR Certification Expiration Date	First Aid Certification Expiration Date	
Minor	Second Major	Terms/Year Study Abroad

Degree Clearance

Students must submit a copy of their current CPR and First Aid certifications, an updated/clean version of this program form and a current APAS report to their faculty adviser for review and consideration at least one semester prior to degree clearance. Once the faculty adviser reviews and approves the information, they will forward this information on to the program adviser for further processing.

Student Signature/Date	Student - Term/Year degree clearance requested
Faculty Adviser	Student Progress Committee Representative/Date

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Pre-Admission Requirements

Students should have one class from each category.

Biology With Lab

Course #	Course Name	Credits	Notes
PSTL 1131	Principles of Biological Sciences	4	Biol Sci w/Lab
PSTL 1135	Human Anatomy and Physiology	4	Biol Sci w/Lab
Biol 1001	Introductory Biology I: Evolution and Ecological Perspectives	4	Biol Sci/L, Evt
Biol 1009	General Biology	4	Biol Sci w/Lab
FScN 1021	Introduction to Microbiology	4	Biol Sci w/Lab

Chemistry with Lab

Course #	Course Name	Credits	Notes
Chem 1021	General Principles of Chemistry	4	Phys w/Lab
Chem 1011	Chemical Principles 1	4	Phys w/Lab
Chem 1022	Chemical Principles 2	4	Phys w/Lab
Chem 1032H	Honors Chemistry 2	4	Phys w/Lab

Physics with Lab

Course #	Course Name	Credits	Notes
Phys1101 W	Introductory College Physics 1	4	Phys w/Lab
Phys1201 W	General Physics	5	Phys w/Lab
Phys 1301W	Introductory Physics for Sciences and Engineering	4	Phys w/Lab
Phys 1401V	Honors Physics	4	Phys w/Lab

Psychology (C- or higher required)

Course #	Course Name	Credits	Notes
PSTL 1281	General Psychology	4	
Psy 1001	Introduction to Psychology	4	

Speech Performance

Course #	Course Name	Credits	Notes
PSTL 1461	Oral Communications in the Public Sphere	3	C/PE
Comm 1101	Introduction to Public Speaking	3	
Comm 1313W	Analysis of Argument	3	
Rhet 1223	Oral Presentations in Professional Settings	3	
Spch 1101 H	Honors: Introduction to Public Speaking	3	

Statistics/Math

Course #	Course Name	Credits	Notes
PSTL 1454	Statistics	4	Math
EPsy 3264	Basic and Applied Statistics	3	Math
MATH 1031	College Algebra and Probability	3	
MATH 1051	Precalculus I	3	
MATH 1271	I Calculus	3	
Stat 1001	Introduction to the Ideas of Statistics	4	Math

NOTES:

Many of the classes listed above fulfill one or more of the Liberal Education Requirements. Completion of 60 credits prior to application also required

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This publication/material is available in alternative formats upon request. Please contact John Brian Becker, School of Kinesiology, 1900 University Avenue SE, Minneapolis, MN 55455, 612-625-0193.