

**Coaching Program
Course Requirements and Program Worksheet**

Revised 9/30/2009

Valid Program with admission after 8/2007

COACHING CERTIFICATE: required 15 semester credits

Required Courses: KIN 3113, 3114, 3143 or 5725, & 4697

COACHING MINOR, & ICP (Both Include Certificate): required 23 semester credits

Required Courses: KIN 3111, 3113, 3114, 3143 or 5725, 4641, 4697

Group A - Requirements				Course Completion		
Coaching Certificate: 1 course required						
Coaching Minor & ICP: 1 course required						
Prefix	Course #	Course Title	Credits	Term	Year	Grade
KIN	3143	Organization and Administration of Sport	3	F Sp Su		
SMGT	3143	Organization and Management of Sport	3	F Sp Su		
KIN	5725	Organization and Management of P.E. and Sport	3	F Sp Su		

Group B - Requirements				Course Completion		
Coaching Certificate: no courses required						
Coaching Minor & ICP: 1 course required						
Prefix	Course #	Course Title	Credits	Term	Year	Grade
KIN	3111	Human Anatomy	2	F Sp Su		
KIN	3027	Human Anatomy for Kinesiology Students	3	F Sp Su		
InMd	3001	Human Anatomy	3	F Sp Su		

Group C - Requirements				Course Completion		
Coaching Certificate: no courses required						
Coaching Minor & ICP: 1 course required						
Prefix	Course #	Course Title	Credits	Term	Year	Grade
KIN	4641	Training and Conditioning for Sport	3	F Sp Su		

Group D - Requirements				Course Completion		
Coaching Certificate: 3 courses required						
Coaching Minor & ICP: 3 courses required						
Prefix	Course #	Course Title	Credits	Term	Year	Grade
KIN	3113	First Responder for Coaches & Athletic Trainers or current Red Cross First Aid and CPR cards	3	F Sp Su		
KIN	3114	Prevention & Care of Athletic Injuries	3	F Sp Su		
KIN	4697**	Student Coaching & Seminar**	3	F Sp Su		

**must have completed KIN 3113, 3114, a course from Group A & Group G or concurrently enrolled. Must have a 2.5 overall GPA in order to student coach.

Group E - Requirements				Course Completion		
Coaching Certificate: 1 course required						
Coaching Minor & ICP: 1 course required						
Prefix	Course #	Course Title	Credits	Term	Year	Grade
KIN	3126W	Sport and Exercise Psychology	3	F Sp Su		
KIN	3136	Mental Skills Training for Sport	3	F Sp Su		
KIN	5136	Psychology of Coaching	3	F Sp Su		
KIN	5126	Sport Psychology	3	F Sp Su		
KIN	5371	Sport and Society	3	F Sp Su		
KIN	5375	Competitive Sport for Children and Youth	3	F Sp Su		
KIN	5723	Psychology of Sport Injury	3	F Sp Su		
SMGT	3501	Sport in a Diverse Society	3	F Sp Su		
SMGT	3621	Applied Sport Psychology	2	F Sp Su		
SMGT	3601	Ethics and Values in Sport	2	F Sp Su		
SMGT	3861	Legal Aspects of Sport	2	F Sp Su		

Coaching Program
Course Requirements and Program Worksheet

Revised 9/30/2009

Group F - Requirements				Course Completion		
Coaching Certificate: 1 course required						
Coaching Minor & ICP: 1 course required						
Coaching Certificate only, is required for Minor and ICP and can't be counted twice*						
must meet approval of Coaching Program Coordinator***						
Prefix	Course #	Course Title	Credits	Term	Year	Grade
KIN	3112	Introduction to Biomechanics	4	F Sp Su		
KIN	4132	Motor Development	3	F Sp Su		
KIN	4135	Motor Control and Learning	3	F Sp Su		
KIN	4385	Human Physiology for KIN Students	4	F Sp Su		
KIN	4641*	Training and Conditioning for Sport	3	F Sp Su		
KIN	4741	Strength and Power Development and Program Design	3	F Sp Su		
KIN	4841	Athletic Performance and Environmental Considerations	3	F Sp Su		
KIN	4941	Applied Sport Science	3	F Sp Su		
KIN	5142	Applied Sport Nutrition for Athletic Performance	3	F Sp Su		
KIN	5641	Scientific Theory and Application of Training and Conditioning in Sport	3	F Sp Su		
KIN	5720***	Special Topics in Kinesiology	1-3	F Sp Su		

Group G - Requirements				Course Completion		
Coaching Certificate: 1 course required						
Coaching Minor & ICP: 1 course required						
Courses are in the process of being developed**						
Prefix	Course #	Course Title	Credits	Term	Year	Grade
KIN	3168	Soccer Coaching Theory and Skill Development	2	F Sp Su		
KIN	3169	Volleyball Coaching Theory and Skill Development	2	F Sp Su		
KIN	3171	Baseball Coaching Theory and Skill Development	2	F Sp Su		
KIN	3172	Basketball Coaching Theory and Skill Development	2	F Sp Su		
KIN	3173	Football Coaching Theory and Skill Development	2	F Sp Su		
KIN	3174	Golf Coaching Theory and Skill Development	2	F Sp Su		
KIN	3175	Gymnastics Coaching Theory and Skill Development	2	F Sp Su		
KIN	3176	Ice Hockey Coaching Theory and Skill Development	2	F Sp Su		
KIN	3177	Swimming & Diving Coaching Theory and Skill Development	2	F Sp Su		
KIN	3178	Tennis Coaching Theory and Skill Development	2	F Sp Su		
KIN	3179	Track & Field Coaching Theory and Skill Development	2	F Sp Su		
KIN	3181	Wrestling Coaching Theory and Skill Development	2	F Sp Su		
KIN	3182**	Cheerleading Coaching Theory and Skill Development**	2	F Sp Su		
KIN	3183**	Dance Team Coaching Theory and Skill Development**	2	F Sp Su		
KIN	3184	Lacrosse Coaching Theory and Skill Development	2	F Sp Su		
KIN	3185**	Team Coaching Theory and Skill Development	2	F Sp Su		
KIN	3186**	Individual Sport Coaching Theory and Skill Development	2	F Sp Su		