

COLLEGE OF EDUCATION
+ HUMAN DEVELOPMENT

UNIVERSITY OF MINNESOTA

Upward Bound

Student Application



U of M Upward Bound-CEHD

2 Appleby Hall
128 Pleasant St. SE
Minneapolis, MN 55455

(612) 625-3021

ubtrio@umn.edu

<http://cehd.umn.edu/students/Trio/ub/>

Important Information about Upward Bound

1. What is Upward Bound at the University of Minnesota?

- UPWARD BOUND is a college preparatory program designed to assist high school students from low-income families and/or from families whose parents have not yet completed four-year college degree(s).
- UPWARD BOUND assists high ability students to successfully develop the skills and motivation necessary to pursue a college education.

2. Who May Apply?

Students may apply if they are in the 9th or 10th grade and attend Minneapolis North, South or Edison High School. Applicants must also:

- Have a current grade point average of 2.0 or above;
- Be a potential first-generation college student (parents have not earned a four year college degree) and be from an income-eligible family;
- Be a U.S. citizen or permanent resident of the United States.

3. How much does Upward Bound cost?

All services and activities are provided free to participants and their parents/guardians. Upward Bound pays stipends to students who successfully participate in the program.

4. What benefits do a student receive from participating in Upward Bound (UB)?

- a. UB offers an **academic year program** of weekly grade-specific academic courses, tutoring, advising, and counseling designed to enhance student academic skills and achievement.
 - Seniors attend a College Planning course to work on college admission, financial aid, and scholarship applications.
 - Juniors attend a Career Exploration course to identify careers of interest and the academic courses needed to complete an education in those careers. Juniors also participate in an ACT prep class in order to improve their test scores, an important factor for competitive college admissions and scholarships.
 - Sophomores attend a Composition and Literature course to improve reading, writing, and critical thinking skills.
 - Freshmen attend a Forensic Science course designed to sharpen interest in the sciences.
- b. UB offers a **five week residential academic summer program**. Students engage in:
 - basic and higher level skill improvement in courses such as English, math, science, languages, and study skills; and
 - cultural, social and recreational activities designed to foster personal growth, build leadership skills, and broaden student awareness and appreciation of the world.

Application Process

Step 1. Submit a student application. Upward Bound recruits Minneapolis North, South, and Edison High School ninth and tenth grade students. The recruiting season is from mid-September through mid-December. UB provides applications during information sessions held in the schools. Applications are available in the schools.

Step 2. Submit a parent application. After a student's application is reviewed for eligibility, Upward Bound contacts the parent(s) to request a completed parent application.

Step 3. Parent(s) and student meeting. Parent(s) and student meet with Upward Bound staff to discuss their applications and goals, as well as Upward Bound benefits, expectations, and requirements.

Step 4. Student and parent(s) are notified of admission decision. Upward Bound makes admission decisions in December. Newly admitted students begin UB participation in January.

Any questions: please contact Upward Bound at 612-625-3021 or ubtrio@umn.edu.

Have you ever been in an Upward Bound Program before? no yes
If yes, where and when? _____

Who referred you to our program? _____

Relationship to you:

- | | |
|---|---|
| <input type="checkbox"/> Counselor or teacher | <input type="checkbox"/> U of MN Upward Bound staff person or student |
| <input type="checkbox"/> Community agency | <input type="checkbox"/> Other Upward Bound Program |
| <input type="checkbox"/> Social agency | <input type="checkbox"/> Talent Search Program |
| <input type="checkbox"/> Parent | <input type="checkbox"/> Other (specify) _____ |

Name of High School Guidance Counselor: _____

1. After high school, I plan to... _____

2. My ideal career is... _____

3. I am preparing myself for my education and career goals by... _____

4. My understanding of the purpose of Upward Bound is... _____

Personal Guidance and Social/Cultural/Recreational Areas of Interest:

UB staff are available to assist you with your academic progress and personal growth. We offer a variety of activities, programs and training designed to increase your understanding and awareness of the many educational opportunities that are available. Check the following areas below in which you have an interest.

I would like to:

- | | |
|--|--|
| <input type="checkbox"/> get along better with my parents or siblings | <input type="checkbox"/> learn how to handle stress |
| <input type="checkbox"/> learn to control my temper | <input type="checkbox"/> learn about making career decisions |
| <input type="checkbox"/> learn to solve problems and conflicts with teachers | <input type="checkbox"/> learn how to make good decisions |
| <input type="checkbox"/> learn how to accomplish goals | <input type="checkbox"/> learn how to be a group leader |
| <input type="checkbox"/> learn what my strengths and weakness are | <input type="checkbox"/> go to more cultural and social events |
| <input type="checkbox"/> learn to speak in front of groups of people | <input type="checkbox"/> participate in more recreational activities |
| <input type="checkbox"/> learn how express my feelings | <input type="checkbox"/> learn to improve my study skills |
| <input type="checkbox"/> learn to be less shy and/or make friends | <input type="checkbox"/> other: _____ |

STUDENT APPLICATION CHECKLIST:

To complete your application, return ALL the following items to Upward Bound:

1. Student Application Form, including the Applicant Questionnaire
2. Permission to Release Information form, signed by student and parent/guardian
3. A copy of your birth certificate and a copy of your social security card
4. A copy of your permanent resident alien card (if you are **not** a US citizen)
5. An essay titled "Why I Want to Join Upward Bound." Please use the attached essay form; it includes suggestions on how to complete your essay.
6. Teacher recommendations (English, math, science) can be returned by the student with this application or teachers may place their recommendations in the UB mailbox located in each school.

Return this application to the UB Advisor at your school or place it in UB's mailbox in your high school:
Edison – Main Office, North – Counseling Office, South – Main Office

Student Signature: _____ **Date:** _____

Upward Bound Applicant Questionnaire

Name: _____ **High School:** _____ **Grade:** _____

What are your hobbies/interests, and why?

In what ways are you involved with your school and community?

What is your favorite subject in high school and why?

If you could interview one person – past or present – who would it be and why?

Do you have any work experience? If so, please describe? If not, what kind of job would you like?

If you could describe yourself in one word, what would it be and why?

Describe one of your academic strengths.

Who is your favorite author or what is your favorite book and why?

Describe one of your academic weaknesses.

UNIVERSITY OF MINNESOTA

Twin Cities Campus

*Upward Bound
TRIO Programs
College of Education &
Human Development*

*2 Appleby Hall
128 Pleasant Street S.E.
Minneapolis, MN 55455
Office: 612-625-3021
Fax: 612-626-2050
www.education.umn.edu/SPS/TRiO*

PERMISSION TO RELEASE INFORMATION

Student Name (PRINT) _____ Grade _____

Parent or Guardian Name (PRINT) _____

Current School: _____ Student ID Number: _____

The junior high and senior high schools that the above named student attends/attended have permission to release complete student information (including transcripts, grades, test scores, attendance, IEP plans, disciplinary action, etc.) to the University of Minnesota, College of Education and Human Development, Upward Bound Program. **This information will be used to determine the student's admissibility to the Upward Bound Program. If accepted into the Upward Bound Program, it is understood that this information will be used for the following reasons:**

1. Upward Bound must report student progress to the U.S. Department of Education to demonstrate program effectiveness.
2. Upon request, Upward Bound will report student progress to the Minneapolis Public Schools to assist counselors and teachers to serve Upward Bound students better.
3. To release information to scholarship agencies, youth leadership, employment, educational and other programs that offer opportunities to Upward Bound.
4. To obtain college admission and financial aid application fee waivers.
5. To discuss admission and financial aid opportunities with educational professionals.
6. Permission to participate in Upward Bound approved research projects designed to improve services and identify areas where Upward Bound students need assistance.

We (student and parent/guardian) have read the above information and understand that by signing below we are granting written consent to release complete junior high and senior high school records.

Student Signature _____ Date _____

Parent/Guardian Signature _____ Date _____

Students under the age of 18 must have a parent or guardian signature. This is mandated by the Minneapolis Public Schools.

Driven to DiscoverSM

UPWARD BOUND

University of Minnesota, College of Education and Human Development **Teacher Recommendation – English**

Dear Teacher:

Student Name: _____ has applied to the Upward Bound Program at the University of Minnesota, College of Education and Human Development. Upward Bound is a college preparatory program for students who come from low-income families and/or are the first generation in their family to attend college. We provide students with intensive academic skill building and intensive college planning activities. Feedback on this student's performance and attitude in your class will help us to evaluate his/her potential to be successful in the Upward Bound program. **We are looking for indicators that this student has a desire to do well and will take advantage of the Upward Bound services offered.**

Teacher Name: _____ School: _____ Date: _____

Course: _____ Period: _____ Room: _____ Sem/Qtr: _____

Number of Days Absent: _____ Number of Days Tardy: _____

1.) Does the student complete assignments? Yes No (explain) _____

2.) What grade do you estimate the student to be earning at THIS time? _____

3.) Circle any of the following descriptors, or add your own, to characterize this student:

Attitude / Behavior In Your Class:

ASSERTIVE / PASSIVE

HARD WORKER

QUESTIONING

DISRUPTIVE

POSITIVE / NEGATIVE

NEEDS CONSTANT SUPERVISION

ATTENTIVE / INATTENTIVE

INDEPENDENT WORKER

OVERLY SOCIAL

HELPFUL

MOTIVATED

POSITIVE LEADER

USES RESOURCES

RESPONDS TO INTERVENTION

CONSTANTLY TARDY / ABSENT

OTHER:

Quality of Work In Your Class:

ORGANIZED / DISORGANIZED

TIMELY COMPLETION /
LATE WORK

THOROUGH / INCOMPLETE

BELOW / MEETS / SURPASSES
STANDARDS

CHALLENGES SELF /
WORKS TO MINIMUM

OTHER:

Please **RETURN THIS FORM** to the **University of Minnesota-CEHD Upward Bound mailbox in your school's main office**. If you have any questions, please contact Upward Bound at 612-625-3021 or email us at ubtrio@umn.edu.

The student above has submitted a signed information release allowing UB access to his/her complete school records. This release is on file with the student's high school permanent record.

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UPWARD BOUND

University of Minnesota, College of Education and Human Development Teacher Recommendation – *Math*

Dear Teacher:

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Teacher Name: _____ School: _____ Date: _____

Course: _____ Period: _____ Room: _____ Sem/Qtr: _____

Number of Days Absent: _____ Number of Days Tardy: _____

1.) Does the student complete assignments? Yes No (explain) _____

2.) What grade do you estimate the student to be earning at THIS time? _____

3.) Circle any of the following descriptors, or add your own, to characterize this student:

Attitude / Behavior In Your Class:

ASSERTIVE / PASSIVE

HARD WORKER

QUESTIONING

DISRUPTIVE

POSITIVE / NEGATIVE

NEEDS CONSTANT SUPERVISION

ATTENTIVE / INATTENTIVE

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USES RESOURCES

RESPONDS TO INTERVENTION

CONSTANTLY TARDY / ABSENT

OTHER:

Quality of Work In Your Class:

ORGANIZED / DISORGANIZED

TIMELY COMPLETION /
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THOROUGH / INCOMPLETE

BELOW / MEETS / SURPASSES
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OTHER:

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UPWARD BOUND

University of Minnesota, College of Education and Human Development Teacher Recommendation – Science

Dear Teacher:

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Teacher Name: _____ School: _____ Date: _____

Course: _____ Period: _____ Room: _____ Sem/Qtr: _____

Number of Days Absent: _____ Number of Days Tardy: _____

1.) Does the student complete assignments? Yes No (explain) _____

2.) What grade do you estimate the student to be earning at THIS time? _____

3.) Circle any of the following descriptors, or add your own, to characterize this student:

Attitude / Behavior In Your Class:

ASSERTIVE / PASSIVE

HARD WORKER

QUESTIONING

DISRUPTIVE

POSITIVE / NEGATIVE

NEEDS CONSTANT SUPERVISION

ATTENTIVE / INATTENTIVE

INDEPENDENT WORKER

OVERLY SOCIAL

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POSITIVE LEADER

USES RESOURCES

RESPONDS TO INTERVENTION

CONSTANTLY TARDY / ABSENT

OTHER:

Quality of Work In Your Class:

ORGANIZED / DISORGANIZED

TIMELY COMPLETION /
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THOROUGH / INCOMPLETE

BELOW / MEETS / SURPASSES
STANDARDS

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WORKS TO MINIMUM

OTHER:

Please return this form to the **UNIVERSITY OF MINNESOTA-CEHD UPWARD BOUND mailbox in your school's main office**. If you have any questions, please contact Upward Bound at 612-625-3021 or email us at ubtrio@umn.edu.

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