



## Transgender Athlete Resources

### National Organizations/Websites

**AthleteAlly** - 501c3 nonprofit that provides public awareness campaigns, educational programming and resources to foster inclusive sports communities- [www.athleteally.org](http://www.athleteally.org)

**Br{ache the Silence** - Nonprofit advancing LGBTQ inclusion in sports through professional and college campus integration initiatives/public awareness campaigns - [www.freedomsounds.org](http://www.freedomsounds.org)

**Campus Pride** - 501(c)(3) organization for student leaders and campus groups working to create a safer college environment for LGBTQ students - [www.campuspride.org](http://www.campuspride.org)

**GLSEN** - National education organization focused on ensuring safe and affirming K-12 schools for LGBTQ students - [www.glsen.org](http://www.glsen.org)

**Go! Athletes** - Support network of current and former LGBTQ collegiate and high school athletes creating safe spaces in the athletic community through visibility, education and advocacy - [www.goathletes.org](http://www.goathletes.org)

**National Center for Lesbian Rights** - National legal organization committed to advancing the civil and human rights of lesbian, gay, bisexual, and transgender people and their families through litigation, legislation, policy, and public education, including in sports - [www.nclrights.org](http://www.nclrights.org)

**NCAA LGBTQ Resources** - Links to NCAA policies and organizations, websites and articles related to the NCAA's Inclusion Initiative - [www.ncaa.org/about/resources/inclusion/lgbtq-resources](http://www.ncaa.org/about/resources/inclusion/lgbtq-resources)

**SB Nation OutSports** - Leading gay sports media organization covering LGBTQ athletes and issues at all levels of sport - [www.outsports.com](http://www.outsports.com)

**TRANSATHLETE.com** - Online resource for students, athletes, coaches, and administrators to find information about trans inclusion in athletics at various levels of play - [www.transathlete.com](http://www.transathlete.com)

**Transgender Law Center** - Changes law, policy, and attitudes (including in sports) so that all people can live safely, authentically, and free from discrimination regardless of their gender identity or expression - [www.transgenderlawcenter.org](http://www.transgenderlawcenter.org)

**You Can Play** - Nonprofit dedicated to ensuring equality, respect and safety for all athletes, without regard to sexual orientation and/or gender identity - [www.youcanplayproject.org](http://www.youcanplayproject.org)



# Transgender Athlete Resources

## Local Organizations/Websites

**UMN Gender and Sexuality Center for Queer and Trans Life (Office of Equity and Diversity)** - Dedicated to transforming campus climate for University of Minnesota students, staff, faculty, alum and community members by developing and supporting more inclusive understandings of gender and sexuality through education, advocacy, outreach and support - [www.diversity.umn.edu/gsc](http://www.diversity.umn.edu/gsc)

**Gay Lesbian Amateur Sport Society of Minnesota** - Coordinates local, national and international amateur competition and provides positive social activities for the gay, lesbian, bisexual, and transgender communities and their allies - [www.glassports.org](http://www.glassports.org)

**PFLAG Twin Cities** - Local chapter of national nonprofit advocacy group supporting LGBT individuals and communities - [www.pflagtc.com](http://www.pflagtc.com)

**Gender Education Center** - Minnesota non-profit corporation dedicated to transgender support, advocacy & education - [www.debradavis.org](http://www.debradavis.org)

**Gender Justice** - Nonprofit legal & policy advocacy organization devoted to addressing the causes and consequences of gender inequality - [www.genderjustice.us](http://www.genderjustice.us)

**OutFront Minnesota** - Nonprofit seeking to create a state where lesbian, gay, bisexual, transgender, and queer people are free to be who they are, love who they love, and live without fear of violence, harassment or discrimination - [www.outfront.org](http://www.outfront.org)

**Trans\* Awareness Project** - Local project coordinated by UMN students that portrays the images and quotes of five trans identifying persons from both the University of Minnesota Twin Cities and the broader Twin Cities community - [www.transawareness.org](http://www.transawareness.org)

**Transforming Families Minnesota** - Community where transgender, gender non-conforming, and questioning youth and their families come together to support each other in a safe, welcoming space [www.transformingfamiliesminnesota.org](http://www.transformingfamiliesminnesota.org)

**MIAC Transgender Policy** - Policies for participation in intercollegiate teams sponsored by MIAC institutions - [www.miacathletics.com/about/resources/administrators/policies/AppendixS.pdf](http://www.miacathletics.com/about/resources/administrators/policies/AppendixS.pdf)

**Carleton College Physical Education, Athletics and Recreation (PEAR) Department Transgender Policy** - Carleton College's policy for participation in athletics and recreation - [apps.carleton.edu/athletics/about/inclusion/](http://apps.carleton.edu/athletics/about/inclusion/)



# Transgender Athlete Resources

## Handbooks/Reports

**On the Team: Equal Opportunity for Transgender Student Athletes (Dr. Pat Griffin & Helen J. Carroll)** - Provides guidance to high school and collegiate athletic programs about how to ensure transgender student athletes fair, respectful, and legal access to school sports teams -

[www.wiaa.com/ConDocs/Con550/TransgenderStudentAthleteReport.pdf](http://www.wiaa.com/ConDocs/Con550/TransgenderStudentAthleteReport.pdf)

**NCAA Inclusion of Transgender Student-Athletes (NCAA)** - Provides guidance to NCAA athletic programs about how to ensure transgender student-athletes fair, respectful, and legal access to collegiate sports teams based on current medical and legal knowledge -

[www.ncaa.org/sites/default/files/Transgender\\_Handbook\\_2011\\_Final.pdf](http://www.ncaa.org/sites/default/files/Transgender_Handbook_2011_Final.pdf)

**Champions of Respect (NCAA)** - To provide NCAA member institutions, athletics conference leaders, athletics administrators, coaches and student-athletes with information, policy and best practice recommendations and resources to ensure that all members of the athletics department, regardless of sexual orientation or gender identity/expression can participate in a safe, respectful and inclusive environment - [docs.wixstatic.com/ugd/2bc3fc\\_20120c685f682f8735245569808e4cc4.pdf](https://docs.wixstatic.com/ugd/2bc3fc_20120c685f682f8735245569808e4cc4.pdf)

**Participation of Transgender Athletes in Women's Sports (Women's Sports Foundation)** - Position paper to help equip schools and transgender student-athletes with the information they need to ensure fair access and integration into sports and physical activity -

[docs.wixstatic.com/ugd/2bc3fc\\_7f298287191ca280594997aa87ee6d14.pdf](https://docs.wixstatic.com/ugd/2bc3fc_7f298287191ca280594997aa87ee6d14.pdf)

**2012 LGBTQ National College Athlete Report (Campus Pride)** - National collegiate research sharing the experiences of nearly 400 self-identified LGBTQ athletes and providing campuses with the necessary resources for further progress on LGBTQ issues in college athletics -

[docs.wixstatic.com/ugd/2bc3fc\\_dedacbff573496a86dc80e1f604ced4.pdf](https://docs.wixstatic.com/ugd/2bc3fc_dedacbff573496a86dc80e1f604ced4.pdf)

**Transgender 101 (LGBT Sports Coalition Summit)** - Packet establishing similar working knowledge of terminology, frequently asked questions, and ways to engage and be an ally to transgender people as we work toward eliminating not only homophobia but also transphobia from athletics -

[docs.wixstatic.com/ugd/2bc3fc\\_f7252effedcc4664bda1b7a53e5792cd.pdf](https://docs.wixstatic.com/ugd/2bc3fc_f7252effedcc4664bda1b7a53e5792cd.pdf)

**Creating Inclusive Environments for Trans Participants in Canadian Sport (Canadian Centre for Ethics in Sport)** - Outlines policy and practice recommendations for Canadian sport organizations to help in their work towards making their sport more inclusive -

[docs.wixstatic.com/ugd/2bc3fc\\_35aae3e863564b439775fdbbf27f87e8.pdf](https://docs.wixstatic.com/ugd/2bc3fc_35aae3e863564b439775fdbbf27f87e8.pdf)

**Identify Series (Olympic Channel)** - Documentary series following five transgender athletes competing at high levels of their sports -

[www.olympicchannel.com/en/playback/identify/extras/identify-trailer-new-original-series-profiles-transgender-athletes](http://www.olympicchannel.com/en/playback/identify/extras/identify-trailer-new-original-series-profiles-transgender-athletes)