## Minnesota

 High School
## Coaches Report

2013-14

## $\downarrow$ UnIVERSITY OF MINNESOTA Driven to Discover"

## Total Sample

A total of 4000 Minnesota high school coaches who are members of the Minnesota State High School Coaches Association, including head ( $\mathrm{n}=3840$ ) and assistant coaches ( $\mathrm{n}=160$ ) for girls', boys', and coed sport teams for the 2013-14 academic year are included in this report (see Table 1). Data were obtained directly from the Minnesota State High School Coaches Association (www.mshsca.org), which is not affiliated with the Minnesota State High School League (www.mshsl.org). Based on the data, just over one-fifth (21.4\%) of all Minnesota high school head coaches are women. Less than half (42.1\%) of girls and very few boys (1.9\%) are coached by a female head coach.

Table 1. Percent of 2013-14 female and male head coaches for Minnesota high school sports

| Teams | Female Head Coaches |  | Male Head Coaches |  | Total |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | 0\% | N | 0\% | N | N |
| HC Girls' Teams | 42.1 | 662 | 57.8 | 908 | 1571 |
| HC Boys' Teams | 1.9 | 31 | 98.1 | 1607 | 1638 |
| HC Coed Teams | 20.6 | 130 | 79.4 | 501 | 631 |
| TOTAL HC AII Teams | 21.4 | 823 | 78.5 | 3016 | 3840 |

## By Sport

The percentage of female head coaches in 13 high school girls' sports varied (see Table 2). Nordic skiing and synchronized swimming had $100 \%$ female head coaches, while popular sports like soccer (28\%) and basketball (22.6\%) had fewer.

Table 2. Percent of 2013-14 Head coaches of high school girls' teams, from highest percentage to lowest percentage of female head coaches by sport.

|  | Female Head Coaches |  | Male Head Coaches |  | Total |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Sport | \% | N | \% | N | N |
| Nordic Skiing | 100 | 3 | 0 | 0 | 3 |
| Synchronized Swim | 100 | 7 | 0 | 0 | 7 |
| Gymnastics | 73.5 | 61 | 26.5 | 22 | 83 |
| Lacrosse | 57.1 | 8 | 42.9 | 6 | 14 |
| Cross Country | 56.7 | 17 | 43.3 | 13 | 30 |
| Swimming | 52.4 | 65 | 47.6 | 59 | 124 |
| Track | 42.9 | 3 | 57.1 | 4 | 7 |
| Softball | 34.5 | 89 | 65.5 | 169 | 258 |
| Volleyball | 32.5 | 215 | 11.5 | 104 | 319 |
| Golf | 32.1 | 25 | 67.9 | 53 | 78 |
| Tennis | 31.2 | 49 | 68.2 | 107 | 157 |
| Soccer | 28.0 | 46 | 72.0 | 118 | 164 |
| Basketball | 22.6 | 74 | 77.4 | 253 | 327 |
| Total | 100 | 662 | 100 | 908 | 1571 |

## By Sport

Female head coaches of boys' teams varied (see Table 3) from swimming (20\%) to six sports in which no coaches (0\%) were female (basketball, football, ice hockey, lacrosse, nordic skiing, \& wrestling).

Table 3. 2013-14 Head coaches of high school boys' teams from highest percentage to lowest percentage of female head coaches by sport.

|  | Female Head Coaches |  | Male Head Coaches |  | Total <br> N |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Sport | \% | N | \% | N |  |
| Swimming | 20 | 18 | 80 | 72 | 90 |
| Tennis | 8.1 | 7 | 91.9 | 79 | 86 |
| Cross Country | 3 | 2 | 97 | 64 | 66 |
| Golf | 1.1 | 1 | 98.9 | 87 | 88 |
| Track | 1 | 1 | 99 | 100 | 101 |
| Soccer | 0.6 | 1 | 99.4 | 160 | 161 |
| Basketball | 0.3 | 1 | 99.7 | 308 | 309 |
| Baseball | 0 | 0 | 100 | 200 | 200 |
| Football | 0 | 0 | 100 | 315 | 315 |
| Ice Hockey | 0 | 0 | 100 | 110 | 110 |
| Lacrosse | 0 | 0 | 100 | 28 | 28 |
| Nordic Skiing | 0 | 0 | 100 | 2 | 2 |
| Wrestling | 0 | 0 | 100 | 82 | 82 |
| Total | 1.9\% | 31 | 98.1\% | 1607 | 1638 |

The percentage of female head coaches of coed high school teams by sport ranged from the highest skiing (31.3\%) to the lowest golf (13.6\%) (see Table 4).

Table 4. 2013-14 Head coaches of high school coed teams from highest percentage to lowest percentage of female head coaches by sport.

|  | Female Head Coaches |  | Male Head Coaches |  | Total |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Sport | \% | N | \% | N | N |
| Skiing | 31.3 | 10 | 68.8 | 22 | 32 |
| Adapted | 30.0 | 3 | 70.0 | 7 | 10 |
| Nordic Skiing | 21.6 | 19 | 78.4 | 69 | 88 |
| Track | 21.1 | 48 | 78.9 | 180 | 228 |
| Cross Country | 19.6 | 42 | 80.4 | 172 | 214 |
| Golf | 13.6 | 8 | 86.4 | 51 | 59 |
| Total | 20.6\% | 130 | 79.4\% | 501 | 631 |

## Assistant Coaches

The percent of female assistant coaches varied between girls' (42.2\%), boys' (0\%), and coed teams (29\%) (See Table 5).

Table 5. Percent of female and male assistant coaches for girls', boys', and coed teams.

| Teams | Female Assistant Coaches |  |  |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  |  |  |

This report was prepared by Nicole M. LaVoi, Ph.D., Associate Director, the Tucker Center for Research on Girls \& Women in Sport with the help of Tucker Center Summer Gender Equity interns Elizabeth Labedz and Lauren Slagel. Please direct all inquiries to nmlavoi@umn.edu.

Suggested citation:
LaVoi, N. M. (2014, August). Minnesota State High School Coaches Association Report 2013-14. Minneapolis: Tucker Center for Research on Girls \& Women in Sport.

www.TuckerCenter.org<br>@TuckerCenter<br>facebook.com/tuckercenter



TuckerCenter
for Research on Girls \& Women in Sport

