



UNIVERSITY OF MINNESOTA

TUCKER CENTER FOR RESEARCH ON GIRLS & WOMEN IN SPORT
presents

NOVEMBER 2008 TUCKER TABLE

“Social Psychology and Physical Activity: Toward Positive Health for Girls and Women”

Thursday, November 13, 1-2:00 PM
324 Coffman Memorial Union, East Bank Campus



About the Lecture: In the late 1960s and early 1970s, the sub-discipline of sport and exercise psychology began as social psychology and physical activity. Since then, sport and exercise psychology has grown and expanded in many ways, but has become less “social” and more narrowly focused on elite athletes. Sport and exercise psychology can contribute to positive health for girls and women by reclaiming our social psychology and physical activity roots and adding a more intentional commitment to social justice and advocacy. Social psychology and physical activity with an updated feminist and multicultural perspective can serve girls and women and fulfill our mission by promoting health and well-being for all through physical activity.

About the Lecturer: **Diane L. Gill**, Ph.D., is a professor in Exercise and Sport Science at University of North Carolina at Greensboro. Dr. Gill’s research emphasizes social psychology and physical activity, with a focus on physical activity and psychological well-being. Current research focuses on psychological well-being and quality of life within community-based programs that promote physical activity and healthy lifestyles for girls and women. Her scholarly publications include the text, *Psychological Dynamics of Sport and Exercise*, several book chapters, and over 100 journal articles. She is former editor of *Journal of Sport and Exercise Psychology*, a Fellow in several professional organizations, and a former president of APA Division 47 (Exercise and Sport Psychology), North American Society for the Psychology of Sport and Physical Activity, and the Research Consortium of AAHPERD.

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