



### **Twin Cities Campus**

## **Family Social Science B.S.**

*Family Social Science*

### **College of Education and Human Development**

- Program Type: Baccalaureate
- Requirements for this program are current for Fall 2017
- Required credits to graduate with this degree: 120
- Required credits within the major: 56 to 58
- Degree: Bachelor of Science

Family social science is a multidisciplinary major for those who are interested in helping people, counseling, and understanding human relationships. This major prepares graduates for careers in working with individuals, families, or systems in human services. The major is enhanced by a required internship related to the student's specific program and career goals. Qualified graduates may continue their education through graduate study in family social science, prevention science, family education, marriage and family therapy, child and human development, social work, resource management, or allied health disciplines.

### **Program Delivery**

This program is available:

- via classroom (the majority of instruction is face-to-face)

### **Admission Requirements**

For information about University of Minnesota admission requirements, visit the [Office of Admissions website](#).

### **General Requirements**

All students are required to complete general University and college requirements including writing and liberal education courses. For more information about University-wide requirements, see the [liberal education requirements](#). Required courses for the major or minor in which a student receives a D grade (with or without plus or minus) do not count toward the major or minor (including transfer courses).

### **Program Requirements**

#### **Preparatory Courses**

##### **Statistics**

- [EPSY 1261](#) - Understanding Data Stories through Visualization & Computing [MATH] (3.0 cr)
- or [STAT 1001](#) - Introduction to the Ideas of Statistics [MATH] (4.0 cr)
- or [EPSY 3264](#) - Basic and Applied Statistics [MATH] (3.0 cr)

##### **Additional Course**

- [FSOS 1101](#) - Intimate Relationships [SOCS] (4.0 cr)
- or [FSOS 1201](#) - Human Development in Families: Lifespan [SOCS, DSJ] (4.0 cr)
- or [FSOS 1211](#) - An Interdisciplinary Look at the Family in Multicultural America [DSJ, SOCS] (4.0 cr)

#### **Communication Courses**

- [FSOS 1461](#) - Presentations at Work: Families, Communities, Nonprofits, and Schools [CIV] (3.0 cr)
- or [OLPD 1461](#) - Presentations in Work Settings: Business & Marketing Education and Human Resource Development [CIV] (3.0 cr)
- or [COMM 1101](#) - Introduction to Public Speaking [CIV] (3.0 cr)

##### **Advanced Technical Writing**

- [YOST 3325W](#) - Project-Based Writing For Education and Human Development Majors [WI] (4.0 cr)
- or [OLPD 3324W](#) - Writing in the Workplace for Education and Human Development Majors [WI] (4.0 cr)
- or [ENGL 3027W](#) - The Essay [WI] (4.0 cr)
- or [WRIT 3029W](#) - Business and Professional Writing [WI] (3.0 cr)
- or [WRIT 3562W](#) - Technical and Professional Writing [WI] (4.0 cr)

#### **Major Courses**

- [FSOS 2105](#) - Methods in Family Research (3.0 cr)
- [FSOS 3102](#) - Family Systems and Diversity [SOCS, DSJ] (3.0 cr)
- [FSOS 3105](#) - Technology in Parenting and Family Relationships [TS] (3.0 cr)
- [FSOS 4104W](#) - Family Psychology [WI] (3.0 cr)
- [FSOS 4109W](#) - Family Theories [WI] (3.0 cr)



### Advanced/Applied Skill Course

Students must take FSOS 4294 or FSOS 4296 or FSOS 4160H (for Honors students) for 4 credits.

Take 4 or more credit(s) from the following:

- FSOS 4294 - Research Internship (1.0 - 4.0 cr)
- FSOS 4296 - Field Study: Working With Families (1.0 - 12.0 cr)
- FSOS 4160H - Honors Capstone Project (1.0 - 4.0 cr)

### Upper Division Writing Intensive within the Major

Students are required to take one upper-division Writing Intensive course within the major. For Family Social Science majors 4109W is required. If that requirement has not been satisfied within the core major requirements, students must choose one course from the following list. Some of the courses may also fulfill other major requirements.

Take no more than 1 course(s) from the following:

- YOST 3325W - Project-Based Writing For Education and Human Development Majors [WI] (4.0 cr)
- OLPD 3324W - Writing in the Workplace for Education and Human Development Majors [WI] (4.0 cr)
- ENGL 3027W - The Essay [WI] (4.0 cr)
- WRIT 3029W - Business and Professional Writing [WI] (3.0 cr)
- WRIT 3562W - Technical and Professional Writing [WI] (4.0 cr)
- FSOS 4104W - Family Psychology [WI] (3.0 cr)
- FSOS 4109W - Family Theories [WI] (3.0 cr)

### Concentration Areas

Students MUST select at least one of the three concentration areas.

#### Family and Community Engagement

This concentration will focus on nonprofit management, community development and evaluation, evidence-based programming, culturally relevant programming, family strengths, families navigating systems such as schools and hospitals.

- FSOS 2107 - Preparation for Family and Community Engagement (3.0 cr)
- FSOS 2103 - Family Policy (3.0 cr)
- FSOS 4107 - Traumatic Stress and Resilience in Vulnerable Families Across the Lifespan (3.0 cr)
- FSOS 4108 - Understanding and Working with Immigrants and Refugee Families [SOCS, DSJ] (3.0 cr)

#### or Family Therapy

This concentration will prepare students for clinical work at the Bachelors level, or to apply to graduate school and obtain a certification in MSW, MFT, CSPP, counseling psychology, or another area.

- FSOS 2101 - Preparation for Working With Families (3.0 cr)
- FSOS 3429 - Counseling Skills Practicum I (3.0 cr)
- FSOS 4110 - Introduction to Family Therapy (3.0 cr)
- FSOS 3426 - Alcohol and Drugs: Families and Culture (3.0 cr)
- or FSOS 4101 - Sexuality and Gender in Families and Close Relationships (3.0 cr)

#### or Family Financial Studies

This concentration will focus on preparing students to work with families around financial issues, as a financial coach, counselor, or other delivery methods.

- FSOS 2108 - Preparation for Family Financial Studies: Money Matters in Families (3.0 cr)
- FSOS 2106 - Family Resource Management (3.0 cr)
- FSOS 3101 - Personal and Family Finances (3.0 cr)
- FSOS 4153 - Family Financial Counseling (3.0 cr)

### Family Electives

Students should first select a concentration area. Next, students may choose a second concentration or take 12 credits of courses not previously taken. One course can not fulfill more than one program requirement.

Take 12 or more credit(s) from the following:

- FSOS 1101 - Intimate Relationships [SOCS] (4.0 cr)
- FSOS 1201 - Human Development in Families: Lifespan [SOCS, DSJ] (4.0 cr)
- FSOS 1211 - An Interdisciplinary Look at the Family in Multicultural America [DSJ, SOCS] (4.0 cr)
- FSOS 1301 - Cash or Credit: You Need to Know (1.0 cr)
- FSOS 2101 - Preparation for Working With Families (3.0 cr)
- FSOS 2103 - Family Policy (3.0 cr)
- FSOS 2106 - Family Resource Management (3.0 cr)
- FSOS 2107 - Preparation for Family and Community Engagement (3.0 cr)
- FSOS 2108 - Preparation for Family Financial Studies: Money Matters in Families (3.0 cr)
- FSOS 3101 - Personal and Family Finances (3.0 cr)
- FSOS 3426 - Alcohol and Drugs: Families and Culture (3.0 cr)
- FSOS 3429 - Counseling Skills Practicum I (3.0 cr)
- FSOS 3431 - Counseling Skills Practicum II (3.0 cr)
- FSOS 4101 - Sexuality and Gender in Families and Close Relationships (3.0 cr)
- FSOS 4107 - Traumatic Stress and Resilience in Vulnerable Families Across the Lifespan (3.0 cr)
- FSOS 4108 - Understanding and Working with Immigrants and Refugee Families [SOCS, DSJ] (3.0 cr)



- [FSOS 4110](#) - Introduction to Family Therapy (3.0 cr)
- [FSOS 4150](#) - Special Topics in Family Social Science (1.0 - 4.0 cr)
- [FSOS 4152](#) - Gay, Lesbian, Bisexual and Transgender People in Families (3.0 cr)
- [FSOS 4153](#) - Family Financial Counseling (3.0 cr)
- [FSOS 4154](#) - Families and Aging (3.0 cr)
- [FSOS 4155](#) - Parent-Child Relationships (3.0 cr)
- [FSOS 5150](#) - Special Topics in Family Social Science (1.0 - 4.0 cr)
- [FSOS 5701](#) - Prevention Science: Principles and Practices (3.0 cr)
- [FSOS 5932](#) - Introduction to Parent Education (1.0 cr)
- [FSOS 5937](#) - Parent-Child Interaction (3.0 cr)
- [FSOS 5943](#) - Parent Learning and Development: Implications for Parent Education (2.0 cr)