



Academic year 2023-2024 has begun and we are happy to welcome back students to the UMN campus, October 2!

After a successful summer and seeing students' growth, I'm excited to see what they accomplish this year. We have another exciting calendar of opportunities and services this year for students and families.

We are starting our annual new student recruitment efforts and will be in our schools, North, South, Edison and Patrick Henry, this fall sharing information and the benefits of TRIO Upward Bound. We are eager to welcome more students into the TRIO family. Please help us in sharing how #TRIOWorks with your communities, friends and family.

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'Tour de UB' made a come back this summer!



Tuesday, July 18 TRIO Upward Bound brought back 'Tour De UB' and hosted our programs stakeholders and community members. We invited our partners and collaborators within the UMN community, Minneapolis Public Schools and our community partners. Due to the pandemic, this event had not been hosted in many years, however, it was great to show case the incredible work staff and students accomplish during summer program. Students and staff had the opportunity to share first hand their experiences in TRIO UB and in return some guests shared words of encouragement. We hope to continue this event so the community that supports the program can gain first hand experience how their support impacts students success.

Welcome, College Access Advisor, Max Marsland:

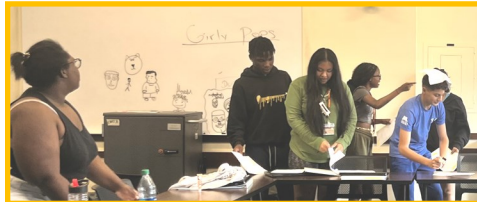


Hi! My name is Max and I'm thrilled to be joining TRIO Upward Bound! I'm originally from Syracuse, New York, but I have family ties to the Twin Cities where I've been living for the past 7 years and working as a high school social studies teacher in St. Paul. After college, I joined the Peace Corps where I served as an English teacher in Rwanda. I also met my wife Hannah, who is a social worker in Minneapolis Public Schools in the Peace Corps. I enjoy kayaking on Lake Nokomis as much as possible, hiking at state parks, traveling, and spending time with my family and our dog Louis. I'm very excited to be part of the TRIO community!



ACADEMIC HIGHLIGHTS

Our TRIO UB academic program completed five weeks of academic class, June 26th through July 28th. Many students learned the importance of time management and that there is a place within TRIO and the community at large to share their story and make connections. All students attended four classes each day with a total of 15 courses offered this summer. UB wants to thank all of the students and staff for another memorable summer. Highlighted below are a few of the classes our students were engaged in during the summer session; Math, English, Computer Literacy, Chinese Language & Culture, Economic, College Writing, Government & Advocacy and more!



Reading Writing and Critical Thinking:



Students spent the first couple of weeks defining various concepts and putting them into practice. Students learned what it means to be a critical thinker, as well as how to question texts, authors, points of views, and biases. They constructed and defended arguments via structured debates and Socratic Seminars. In the first week they were practicing critical reading on traditional print texts like current event news articles as well as on non-traditional texts like artwork, which took the students to one of the on-campus museums. Students evaluated word choice, implicit and explicit meaning, and determined how the author's words impacted the message being sent. After all of their hard work this summer, these students are prepared to be critical thinkers and discerning consumers of media. - English Instructor

Forensic Science:

The Forensic Science class was engaging. Students were able to utilize the scientific method and various concepts related to biology, which developed their critical thinking skills. The students were given a scenario in which they had to apply their new found knowledge of evidence analysis and forensic techniques to solve the case of the "Missing Super Student Tickets". A rising sophomore solved the case and determined who was to blame for the theft. It was a fun class!



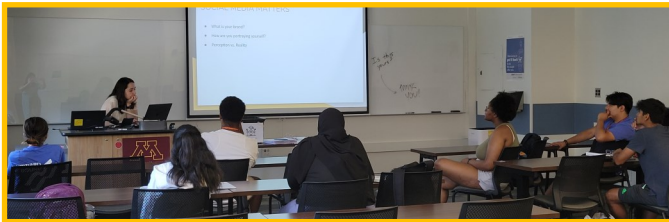
ACADEMIC HIGHLIGHTS CONT.

Summer Bridge Experience



Eight students from the class of 2023 started their 'Bridge' experience with TRIO UB. These students were enrolled in a 3 credit class at the University of Minnesota: YOST 1366, Stories of Resistance & Change: Youth, Race, Power & Privilege in the U.S. Additionally, they were enrolled in an UB supplemental course.

For six weeks, Bridge students had the opportunity to experience what it means to be a college student by eating dorm food, balancing classes, late night study hours, jobs, and attending UB activities. The Bridge experience is more than the usual summer with Upward Bound; it is an official transition into college. Bridge students learn how to balance their coursework with the luxuries and freedoms that come with being a college student.



In addition to taking a college level class, the Bridge students also participated in at least two evening activities a week. The students got out of their comfort zone by riding horses for the first time, mentoring the other TRIO UB participants and supporting each other when they led the Scholarship Ceremony! The Bridge

class of 2023 were challenged with learning communication and teamwork. However, they rose to the occasion and overcame roadblocks as they came along. It was incredible to see how each student tackled challenges and watch them grow. These students have a bright future ahead of them as they begin a new chapter of their lives!

Bridge Class of 2023



Bridge activities





TRIO

WORD SEARCH





L	E	A	R	N	P	R	K	D	N	B	O	O	K	S
S	Q	A	G	I	V	W	O	R	K	S	H	E	E	T
R	S	P	C	S	P	U	U	H	W	L	V	C	S	U
E	W	N	R	U	P	W	A	R	D	B	O	U	N	D
H	A	K	N	H	K	H	Z	W	R	R	G	P	X	E
P	M	T	O	X	Z	M	T	N	E	D	U	T	S	N
O	S	H	O	W	C	L	K	T	A	P	N	D	Z	T
G	U	J	E	S	M	R	N	H	M	A	W	C	T	S
M	I	U	M	Z	E	T	A	U	D	A	R	G	E	U
P	C	L	R	W	J	N	L	E	V	A	R	T	G	P
C	Y	N	E	L	B	U	N	S	A	M	V	M	E	P
P	C	R	A	V	J	E	N	I	M	Q	P	O	L	O
G	I	O	A	I	Y	W	A	E	M	G	F	C	L	R
O	G	U	W	P	R	O	U	D	N	A	I	O	O	T
S	R	P	P	Q	C	E	H	D	H	C	V	Y	C	X

COLLEGE
STUDENT
MCNAIR
UPWARD BOUND
CEHD

LEARN
STUDENT SUPPORT
MINNESOTA
GOPHERS
DREAM

GOAL
PROUD
BOOKS
WORKSHEET
GRADUATE

OH, THE PLACES YOU'LL GO: UB SUMMER TRIPS

Regional College Tour to Chicago, Illinois



The rising seniors traveled to Chicago, Illinois for the annual senior regional college tour. From July 31 to August 3, 14 students and three UB staff had the opportunity to tour the University of Wisconsin- Madison, Loyola University, University of Chicago, Northwestern University and Beloit College. The trip focused on students exploring different types of colleges so they

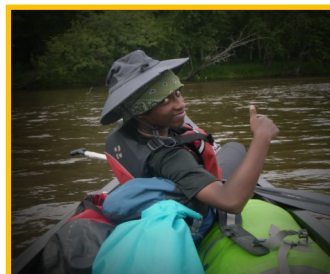
could see what a good fit for what type of schools they will apply to in preparation for college applications this fall.

Students were also able to enjoy cultural experiences and explore the Chicago area. This was the first time in Chicago for many of the students and a highlight of the trip was a walking tour along the Chicago Riverwalk. The guide went into detail about the different architecture and we were even able to spot a few well known spots from movies. The trip concluded with jaw dropping fireworks at Navy Pier overlooking Lake Michigan, which was a beautiful backdrop that looked just like an ocean, as it went on forever!



Voyageur Outward Bound School (VOBS) Wilderness Excursion

Every summer, rising 11th graders attend a camping trip with Voyageur Outward Bound School and this summer was no different. Class of 2025 left for their expedition on August 5 and spent the following six days camping, canoeing, swimming, and rock climbing all while being completely disconnected from technology! Over the course, students were challenged and learned skills such as setting up tents, cooking, and canoeing while also further developing their leadership, communication, and teamwork skills. By the end of the trip, students canoed over 55 miles down the river, passing the time bonding through new experiences, funny stories, games, and spotting wildlife!



OH, THE PLACES YOU'LL GO: Cont. & Scholarship

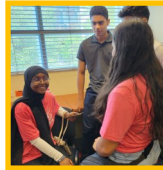
International Learning Abroad, Global STEM Academy: Colombia

On August 17, four rising seniors and two UB staff traveled to Medellin and Barranquilla, Colombia. Over the next eleven days students took part in cultural activities, led STEM workshops for Colombian students and worked collaboratively to build a Remote Operated Vehicle (ROV). Here are some quotes from participant, Alijah X:

"There were five different STEM activities we quickly ran through. Paper rockets, balloon-powered cars, LED lights, microcontrollers, and operating drones. I heard everything went smoothly for the other groups, I was in the drone department. I thought things would go wrong for the drones, but through teamwork, everything went according to plan."

"I really enjoyed this trip, and this wouldn't have been possible without TRIO Upward Bound awarding me a scholarship to participate in this fantastic learning abroad trip. I will always remember this and be grateful for what TRIO has provided me. If I could do this learning abroad trip again, I most definitely would, as it has changed my life and my worldview perspective!"

- Alijah X. (Class of 2024)



Scholarship Ceremony



Previously known as the Dream Scholarship Ceremony, TRIO Upward Bound celebrated and honored the UB class of 2023 at the annual Scholarship Ceremony July 27th at Humphrey Auditorium. Class of 2023 students were awarded the Dream Scholarship generously donated by Karen Sternal and this years Bridge students were awarded the Andy Ford Scholarship, generously donated by Stephanie Ford and Diane & Russ Ford in remembrance of Andy Ford. We also welcomed back program alumni who had recently graduated with their bachelor's degree, to celebrate that #TRIOworks. Not only is this event a time of celebration and reflection, but students have the opportunity to network and connect with notable members within the college, community, and government. Students listened to some inspiring words from UB alumni, Bianey Neri-Ochoa and Idman Ibrahim. Their wisdom and encouragement impacted more than just the Bridge class that evening!

SUMMER RESIDENTIAL



This was the first summer back in full swing since 2021, with Residential and Academics running together in tandem. There were smiles, tears, and all kinds of fun these last five weeks. The summer started June 25th, with the Bridge students moving in to start their 5 week residential life. They moved in, and got ready to experience what college life is going to be like in the fall. Two short weeks later, the rest of the program moved into the dorms. For the next three weeks, students lived in the dorms with each other, had all meals in the dorms, and participated in so many activities. We started with a community BBQ, where everyone was able to meet and connect with others from the program. We did a volunteer experience at Feed My Starving Children, experienced a performance at the Guthrie Theater, just to name a few of our activities. As the weeks progressed, we saw amazing growth in our students. Our more shy students found their voice, others learned the meaning of leadership. By the time we made it to the end, staff were able to confidently say all students grew from this experience. We are all so proud of these students for sticking with the program. This was truly a valuable experience for all and we truly hope you made lasting memories with TRIO UB.



IMPORTANT DATES

TRIO Upward Bound | UMN -TC 2023-2024 Program Schedule

SEPTEMBER				
Day	Date	Activity	Who	Time
Sat	9/23	TRIO UB Academic Year Orientation #1	All Students + P/G	10:00am-12:00pm
Wed	9/27	TRIO UB Academic Year Orientation #2	All Students + P/G	6:00pm-8:00pm
Mon-Thu	9/25-28	Senior Workshop Days	Class of 2024	4:00pm
OCTOBER				
Mon	10/2	Tutoring (M-Th) & College Planning begins	Class of 2024 & Tutoring	4:00pm-5:30pm
Tue	10/3	ACT Prep & Career Exploration begins	Class of 2025	4:00pm-5:30pm
Wed	10/4	National College Fair	Class of 2025 & 2026	4:00pm-8:00pm
Thu	10/5	English Composition begins	Class of 2026	4:00pm-5:30pm
Thu	10/5	Grade Monitoring Forms Due (mid-quarter 1)	ALL	5:30pm
Sat	10/7	Mock ACT test	Class of 2025 & 2026	8:00am-1:00pm
Wed-Thu	10/18-19	NO TRIO UB (No school-MN conferences)	ALL	4:00pm-5:30pm
Wed-Thu	10/18-19	College tours (*optional)	Class of 2024/2025	8:00am-12:00pm
NOVEMBER				
Thu	11/2	MPS Quarter 1 ends	ALL	N/A
Sat	11/18	Family Educational Workshop (FEW) #1 & PSEO Workshop	All Students + P/G	10:00am-12:00pm
Wed-Thu	11/22-23	NO TRIO UB (No School-Thanksgiving)	ALL	N/A
DECEMBER				
Mon	12/4	Senior Financial Aid Night	Class of 2024 + P/G	5:30pm-7:30pm
Wed	12/13	Winter Celebration	All students	4:00pm-8:00pm
Thu	12/14	Grade Monitoring Forms Due – (mid quarter 2)	ALL	5:30pm
Mon-Thu	12/11- 1/1	No program services	ALL	4:00pm-5:30pm
Mon	12/18	Winter Fun Day (90% and above)	Selected Students	10:00am
JANUARY - 2024				
Tue	1/2	TRIO UB services resume	ALL	4:00pm-5:30pm
Mon	1/15	No TRIO UB (No school- MLK Day)	ALL	N/A
Wed	1/17	New Student Orientation #1	New students + P/G	6:00pm-8:00pm
Sat	1/20	New Student Orientation #2	New students + P/G	10:00am-12:00pm
Wed	1/24	Science Exploration & Study Skills begin	Class of 2027	4:00pm-5:30pm
Thu	1/25	English Composition (new students) begin	Class of 2026	4:00pm-5:30pm
Thu	1/25	MPS Quarter 2 ends	ALL	N/A



October

Scarlett Benedict
Grace Irasubiza
Ace Xiong

November

Amelia Gasca

December

Samiah Durant
Andy Lema
Khadija Siyad
Ra'Jona Strickland
Abraham Tekele

We say goodbye to David Soto Reyes



David has been an integral part of our TRIO UB community for the last two and a half years. He will be greatly missed as his contributions in the dorms and as an advisor were many. We wish him the very best in his new endeavors!

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for Supporting TRIO!



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