Welcome Prospective Counselor Education Students

Fall 2022
Information Session – October 6, 2022
Counselor Education

• Note we changed our name starting in Fall 2020, formerly CSPP (Counseling & Student Personnel Psychology)

• Focus on preparation for counseling licensing
  – School Counseling Licensure
  – Mental Health Counseling Licensure (LPC, LPCC)
CE’s Distinguished History

• One of the earliest Counseling Programs in the US
• Education Psychology graduate programs have been highly ranked in *US News and World Report* since the rankings began
• CE (CSPP) graduate program was ranked **12th** in *US News and World Report* in 2022
Why Ranked So High

- Quality of students and alumni
- Professional work of the faculty—current and past
- Department of Educational Psychology and University of Minnesota
- Robust practicum opportunities around the Twin Cities
Admission to CE is highly competitive
CE has strong record of graduating students on time
CE graduates are very employable in settings such as: Schools, Higher education, Community social service agencies, Business/industry
CE students come from across the US and the world
Who Joins the CE Program?

● Newly graduated students with a wide variety of majors
  ○ E.g. social & hard sciences, liberal arts, education
● Professionals of many backgrounds
  ○ E.g. teaching, healthcare, mental health, business
● International applicants
  ○ recent grads from China, Greece, Taiwan, India, Malaysia
Why CEHD?

Reputation
Faculty
Ranking
Cost
Location
Research
Alumni
Support
Networking
Recommendations
Quality
Curriculum
Funding
Comprehensive
Progressive
Advocators
Small Size
Culture
Family
Diversity
Opportunities
Hardcore Gopher
International
Community
CE Alumni

• MA employed across the globe in very prominent positions

• For example: School counselors, directors of college counseling centers, career development counselors, mental health counselors in inpatient and outpatient settings, counselors in private practice

• Some go on to doctoral programs and become university faculty members
## Appendix C: CLINICAL MENTAL HEALTH EMPHASIS COURSEWORK

### COUNSELOR EDUCATION PROGRAM

**M.A. Program: Plan B**

### YEAR ONE

#### FALL SEMESTER

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>EPsy 5261</td>
<td>Introductory Statistical Methods</td>
<td>3 cr.</td>
</tr>
<tr>
<td>EPsy 5402</td>
<td>Counseling History &amp; Theories</td>
<td>3 cr.</td>
</tr>
<tr>
<td>EPsy 5408</td>
<td>Evidence-Based Counseling Relationships</td>
<td>3 cr.</td>
</tr>
<tr>
<td>EPsy 5416</td>
<td>Intro to Clinical Mental Health Counseling</td>
<td>3 cr.</td>
</tr>
</tbody>
</table>

**Total: 12 cr.**

#### SPRING SEMESTER

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>EPsy 5403</td>
<td>Couns Diverse Populations</td>
<td>3 cr.</td>
</tr>
<tr>
<td>EPsy 5407</td>
<td>Diagnosis in Counseling</td>
<td>3 cr.</td>
</tr>
<tr>
<td>EPsy 5439</td>
<td>Case Concept and Treatment Planning</td>
<td>3 cr.</td>
</tr>
</tbody>
</table>

**Total: 12 cr.**

### SUMMER SESSION

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>EPsy 5404</td>
<td>Group Counseling</td>
<td>3 cr.</td>
</tr>
<tr>
<td>EPsy 5405</td>
<td>Career Counseling</td>
<td>3 cr.</td>
</tr>
<tr>
<td>EPsy 5406</td>
<td>Ethics in Counseling</td>
<td>3 cr.</td>
</tr>
<tr>
<td>Epsy 5482</td>
<td>Prac in Comm and Higher Educ Counseling</td>
<td>3 cr.</td>
</tr>
</tbody>
</table>

**Total: 12 cr.**

### YEAR TWO

#### FALL SEMESTER

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>FSOS 5111</td>
<td>Intro to Family Therapy</td>
<td>3 cr.</td>
</tr>
<tr>
<td>EPsy 5114</td>
<td>Psychology of Student Learning</td>
<td>3 cr.</td>
</tr>
<tr>
<td>EPsy 5483</td>
<td>Internship I</td>
<td>3 cr.</td>
</tr>
</tbody>
</table>

**Total: 12 cr.**

#### SPRING SEMESTER

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>EPsy 5157</td>
<td>Social &amp; Developmental Psych of Educ</td>
<td>3 cr.</td>
</tr>
<tr>
<td>EPsy 5409</td>
<td>Trauma and Crisis Counseling</td>
<td>3 cr.</td>
</tr>
<tr>
<td>EPsy 5437</td>
<td>Counseling Res Design &amp; Evdnce-Based Prac</td>
<td>3 cr.</td>
</tr>
<tr>
<td>EPsy 5484</td>
<td>Internship II</td>
<td>3 cr.</td>
</tr>
</tbody>
</table>

**Total: 12 cr.**

**Total: 60 semester credits**
## Appendix D: SCHOOL COUNSELING EMPHASIS COURSEWORK

### COUNSELOR EDUCATION PROGRAM

**M.A. Program: Plan B**

### YEAR ONE

<table>
<thead>
<tr>
<th>FALL SEMESTER</th>
<th>SPRING SEMESTER</th>
</tr>
</thead>
<tbody>
<tr>
<td>EPsy 5402 Counseling History &amp; Theories 3 cr.</td>
<td>EPsy 5403 Couns Diverse Populations 3 cr.</td>
</tr>
<tr>
<td>EPsy 5408 Evidence-Based Counseling Relationships 3 cr.</td>
<td>EPsy 5407 Diagnosis in Counseling 3 cr.</td>
</tr>
<tr>
<td>EPsy 5435 Intro to School Counseling 3 cr.</td>
<td>EPsy 5481 Practicum in School Counseling 3 cr.</td>
</tr>
</tbody>
</table>

12 cr.

### SUMMER SESSION

<table>
<thead>
<tr>
<th>SUMMER SESSION</th>
</tr>
</thead>
<tbody>
<tr>
<td>EPsy 5404 Group Counseling 3 cr.</td>
</tr>
<tr>
<td>EPsy 5405 Career Counseling 3 cr.</td>
</tr>
<tr>
<td>EPsy 5406 Ethics in Counseling 3 cr.</td>
</tr>
<tr>
<td>Epsy 5415 Counseling Children and Adolescents 3 cr.</td>
</tr>
</tbody>
</table>

12 cr.

### YEAR TWO

<table>
<thead>
<tr>
<th>FALL SEMESTER</th>
<th>SPRING SEMESTER</th>
</tr>
</thead>
<tbody>
<tr>
<td>FSOS 5111 Intro to Family Therapy 3 cr.</td>
<td>EPsy 5157 Social &amp; Developmental Psych of Educ 3 cr.</td>
</tr>
<tr>
<td>EPsy 5114 Psychology of Student Learning 3 cr.</td>
<td>EPsy 5409 Trauma and Crisis Counseling 3 cr.</td>
</tr>
<tr>
<td>EPsy 5483 Internship I 3 cr.</td>
<td>EPsy 5484 Internship II 3 cr.</td>
</tr>
</tbody>
</table>

12 cr.

**Total: 60 semester credits**
CE Admissions Process

• No prerequisite courses
• Personal Statement
• 3 Reference Letters
• Resume or CV
• Transcript
• GRE waived
• Check out our website!

https://www.cehd.umn.edu/edpsych/academics/counselor-education/
Application Information:
Due November 15th (for scholarship consideration) or January 15th (regular deadline)

https://www.cehd.umn.edu/edpsych/future-students/counselor-education/

Apply Here:

https://choose.umn.edu/apply/

Application Checklist:

What is CE Looking for?

- Passion for helping - it’s what we do!
- Diversity
  - Cultural, professional, & experiential
- Academic prowess
- Willingness to challenge oneself and grow as a practitioner
- Professional nature and willingness to learn
Minnesota Mental Health Licenses

• Licensed Professional Counselor (LPC)
• Licensed Professional Counselor Clinical (LPCC)
• Licensed School Counselor (K-12)

• Licensed Psychologist (LP - doctoral degree only)
• Social Work (three levels of license)
• Marriage and Family Therapist (LMFT)

All six of these licenses are offered through the UMN College of Education and Human Development
• American Counseling Association (ACA)
• American School Counselor Association (ASCA)
• National Career Development Association (NCDA)
• Minnesota has state organizations for all of the above (see next slide)
• Student Memberships!!
Professional Organizations

Minnesota Counseling Association
- Statewide organization for community and mental health counselors
- Benefits: social media connections, networking, advocate for profession
- Professional resources
- Student rate for membership and conference

Minnesota School Counseling Association
- Statewide organization for school counselors
- Benefits: social media, listserv, networking, advocate for the profession
- Annual conference in November 2022
- Student Rate for membership and conference
- Leadership on regional and state boards
Funding

- Opportunities both within CE/Ed Psych and on campus!

- Assistantships (TA’s & RA’s) help graduate students significantly with tuition
  - 10 hrs/wk = 50% tuition
  - 20 hrs/wk = 100% tuition

- TA and RAships across the campus in units as diverse as Public Health, School of Nursing, Liberal Arts, School of Management (and CEP!)

- Do not hesitate to ask your CE adviser if they can serve as a reference

- Spring semester: Opportunities to apply for College and University Scholarships
Exciting University

- Make use of the diversity of opportunities and services at the UMN
- International programs and events
- Colloquia and other types of presentations
- Opportunities for social and leisure engagements
- Explore the UMN and the Twin Cities beyond your immediate classes
If you have any follow up questions please email:

Counselor Education program coordinator, Dr. Carolyn Berger at caberger@umn.edu (curriculum/licensure/career questions)

CE Grad Assistant, Angela Sim at simxx057@umn.edu (student focused questions)

CE Administrative Assistant at cspp@umn.edu (general questions about admissions, aid)

THANK YOU for coming!
University of Minnesota
Driven to Discover
Crookston Duluth Morris Rochester Twin Cities

The University of Minnesota is an equal opportunity educator and employer.