

# BE AN ALLY OF GIRLS & WOMEN IN SPORT



- Speak up if you see inequity
- Celebrate women athletes & women leaders
- Create culture that values & supports women

- Learn about the barriers girls & women face in sport
- Review & question policies & practices
- Reflect on & address personal bias



- Mentor, sponsor, champion & hire women
- Invite women to apply & communicate opportunities
- Use your power to advocate for women



Tucker Center for Research  
on Girls & Women in Sport  
UNIVERSITY OF MINNESOTA  
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