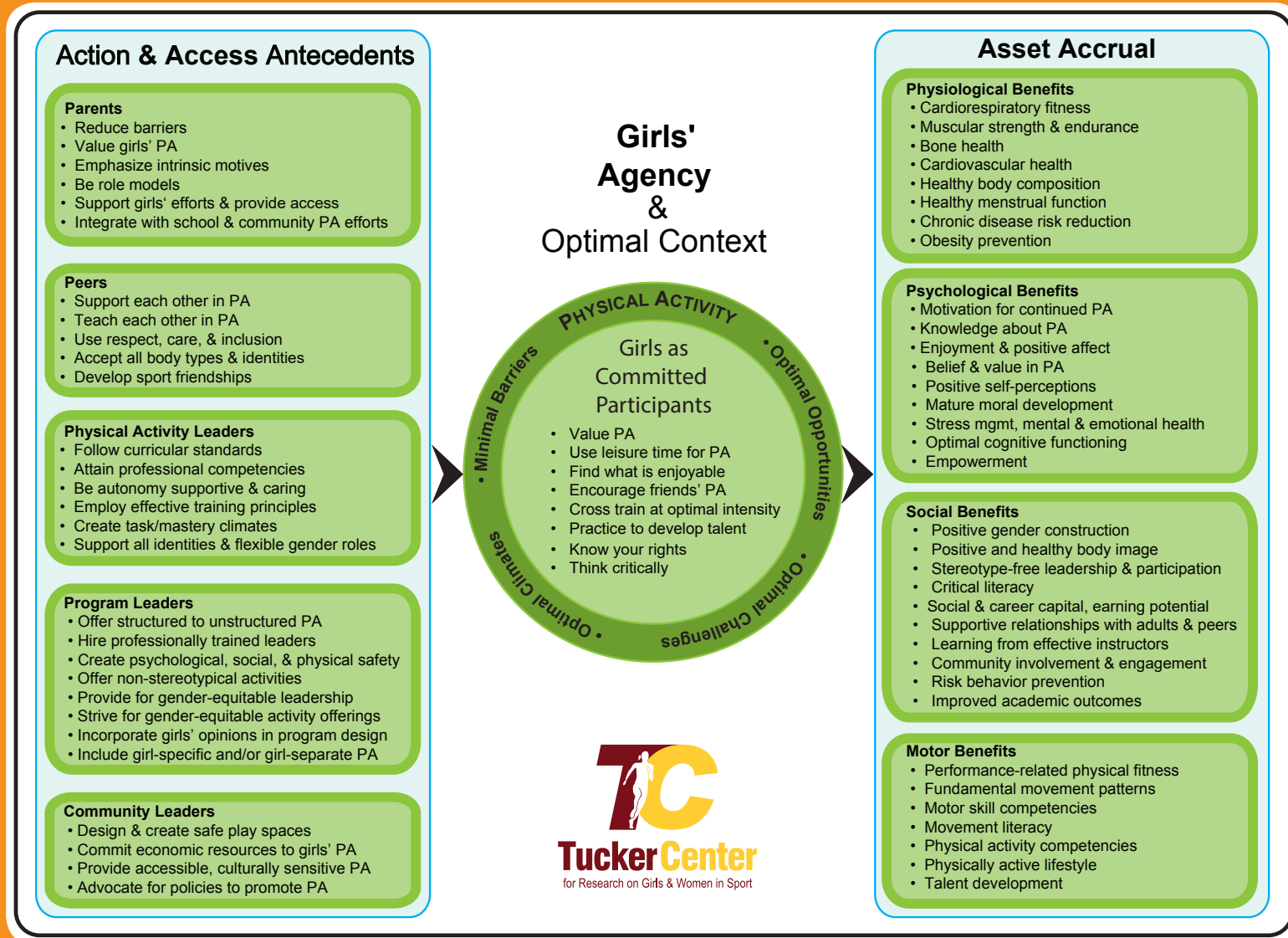




Developing Physically Active Girls

An Evidence-based Multidisciplinary Approach



An Evidence-based Multidisciplinary Model for Developing Physically Active Girls, 2018

Modified from Wiese-Bjornstal, D. M., & LaVoi, N. M. (2007). Chapter 5: Girls' physical activity participation: Recommendations for best practices, programs, policies, and future research. In M. J. Kane & N. M. LaVoi (Eds.), *The 2007 Tucker Center Research Report, Developing physically active girls: An evidence-based multidisciplinary approach* (pp. 63-90). Minneapolis, MN: The Tucker Center for Research on Girls & Women in Sport, University of Minnesota.